

### Peer Education Work

Enabling young people to develop their own knowledge and understanding of a range of key issues and pass this on to others.

### Accrediting Young People's Contributions

An introduction to accreditation looking at both formal and informal tools you can use including the Youth Achievement Award Scheme.

### Getting Young People Involved

Providing opportunities for young people to make a meaningful contribution to your youth club, group or project.

### Going Off-Site and Doing Residentials

An overview of planning successful events outside your usual youth club session.

### You and Young Leaders

What is a young leader? How can they contribute to your youth club, group or project and how can you support them.

### Breaking the Ice with Young People

A range of ideas to get you and your team communicating with young people covering issues from that first conversation with a new young person to maintaining appropriate, professional boundaries.

### Planning, Doing and Reviewing Youth Work

An introduction to the concept of planning positive outcomes for young people and looking at how this can be achieved through planning and evaluating your work.

### Icebreakers and Games

A range of fun activities that you can use in your club, group or project to get things started, encourage teamwork and build positive relationships.



## OPTION 3 The Basics

Ideal for those new to youth work or looking for a refresher, these 4 elements introduce you to the basics of working with young people in youth clubs, groups and projects.

**What is Youth Work? An Introduction**

**Child Protection and Confidentiality**

**Positively Challenging Negative Behaviour**

**Planning, Doing and Reviewing Youth Work**

Each unit lasts for 2-3 hours and can be delivered in a flexible format to suit the needs of those attending.

To discuss your development needs, request a booking form or make a booking please contact us:

### Youth Clubs Hampshire and Isle of Wight

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Should you require this information in an alternative format please contact us:

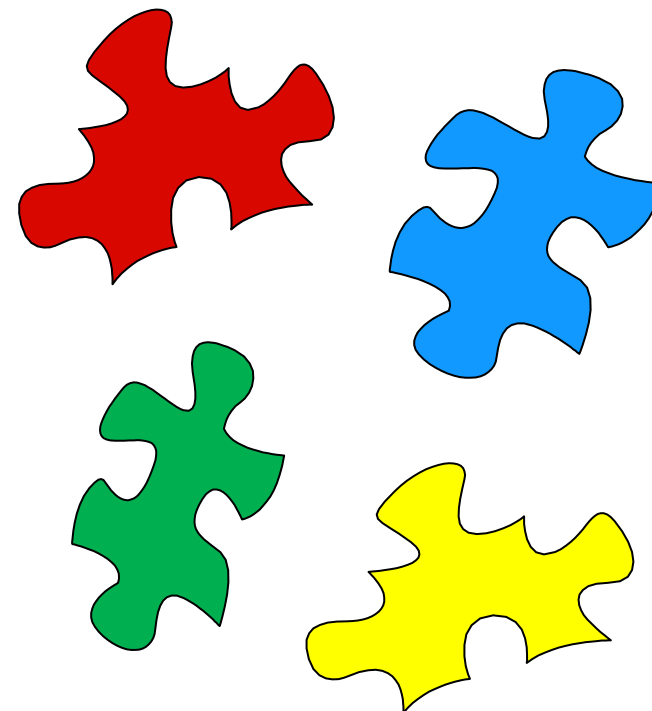
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# Youth Clubs Hampshire and Isle of Wight

## YOUTH WORKER DEVELOPMENT PROGRAMME 2010-11

October 2010 Edition



Working to Enable  
Young People to Fulfil  
Their True Potential



## DEVELOPMENT PROGRAMME 2010-11

Our Development Programme is for those working with young people in an informal education setting such as a youth club, group or project. It is designed to make available to you regular and affordable opportunities. Our programme aims to provide youth workers with the skills necessary to help them do their job.

### OPTION 1: You Come to Us

A range of sessions that provide a basic knowledge to help you work safely with young people. Members and non-members may attend these courses, see below for costs.

### OPTION 2: We Come to You

Covering a wide range of different subjects to help you develop and progress your work with young people. These sessions are delivered for you and your colleagues. Please contact us to discuss your requirements.

### OPTION 3: The Basics

Designed as a gentle yet thorough introduction to youth work, this 4 part course is an ideal induction for new workers or those who'd like a refresher.

### COSTS:

**Option 1:** These are open to members at a cost of £5 per participant or £25 per non-member. (See booking form for full terms and conditions)

**Options 2 and 3:** we want to make our programme as affordable and accessible as possible and in most cases it is possible to provide a session to our members at no cost during the affiliation year, although donations towards covering our costs are very much appreciated. Where there is a cost we can support you to identify appropriate funding.



## OPTION 1 You Come to Us

*Sessions taking place at the YCHLOW offices in Winchester...*

### Child Protection Awareness

An introductory awareness raising session looking at approaches to Child Protection within a youth work context and aiming to enhance participants understanding of Child Protection issues and how to deal with them

Saturday 13th November 2010, 10am-4pm

**NEW DATE** Saturday 11th June 10am-4pm

### Dealing with Challenging Behaviour

A look at some theories behind dealing with challenging and unhelpful behaviour plus lots of practical advice and tips on how to apply this to your everyday work with young people in your youth club, group or project

Saturday 27th November 2010, 9:30am-4pm

Saturday 7th May 2011, 9:30am-4pm

### Risk Assessment

An introduction to the practice of assessing risk within a youth club, group or project for the safety of staff, young people and visitors. Lots of practical activities aimed at bringing the process to life and enhancing participants understanding of Risk Assessment

Saturday 12th February 2011, 10am-4pm

Saturday 2nd July 2011, 10am-4pm

*Sessions taking place at the Red Cross Centre, Winnall Close, Winchester, SO23 0LB*

### First Aid

A basic, 1 day First Aid course ideal for both those new to First Aid and those needing a refresher. Run by trainers from the Red Cross who provide the information you need to get to grips with being a First Aider and lots of practising too!

Saturday 2nd October 2010, 9:30am-4pm

Saturday 9th April 2011, 9:30am-4pm



## OPTION 2 We Come to You

**Want something designed and delivered just for you and your colleagues? Pick and mix from our selection of in-house sessions or come and talk to us about your needs. These sessions are designed to be flexible to suit your needs. Each sessions requires a minimum of 2 hours.**

### **Child Protection and Confidentiality**

An overview of the signs and symptoms of abuse, what to do if you have concerns and your obligations and responsibilities.

### **What is Youth Work? An Introduction**

Exploring the key principles and concepts that make youth work a unique and rewarding way to work with young people.

### **Positively Challenging Negative Behaviour**

Tips and techniques to help you handle those trickier situations leading to happier outcomes for all.