

## What is Youth Clubs Hampshire and Isle of Wight Young Leader Training?

Young Leader Training is an exciting opportunity for young people to develop their leadership, personal and social skills and take on a more active role in their youth club, group or project. The Young Leader Training will set the young people a series of targets to aim for, with the end result being that they will plan and deliver a session in their youth group/club/project.

### Aim of the training

- To assist young people to take responsibility within their youth group/club/project, develop their personal and social skills and to deliver peer education
- To enable adult leaders to support young people in developing the skills needed to be more involved in their group/club/project

### Expectations... We will:

- Provide information about Young Leader Training to you and your young people and set out what happens and what to expect
- Visit your organisation to deliver sessions, check on progress and offer encouragement and support
- Provide support for you to ensure young leaders are able to develop within your organisation
- Support you to gain accreditation for the young people's work if you want to offer this

### Expectations... You will:

- Attend YCHLOW's 'You and Young Leaders' information session along with your colleagues
- Nominate young people from your club/group/project for young leader training
- Provide a supporting statement about why the young person should take part
- Work with us to deliver the Young Leader Training including planning and delivering activities
- Support young people to achieve success in this training
- Gain young people who are actively engaged in the development of the group/project/club

### Expectations... Young people will:

- Commit their time to completing the training
- Work through their individual pack with the support and input of their peer group
- Develop their existing personal and social skills
- Learn new skills
- Grow in confidence
- Have a portfolio of evidence of their involvement (if going for accreditation)
- Receive certificates

Please note: It is not expected that all young people that do Young Leader Training must go on to become Young Leaders if they decide it is not right for them.