

YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

International Day

Saturday 8th November 2008, 10am-4pm
At: Colden Common Community Centre
Only £4 per Young Person

International Day is a great opportunity for young people to take part in some new activities, meet young people from other youth clubs, groups and projects and find out about different world cultures. Come along and take part in activities such as Bollywood Dancing and African Drumming.

The event aims to give young people an insight into other cultures around the world and to promote diversity and tolerance. So, not only is this event going to be great fun it's a great piece of youth work too!!!

See the poster and information sheet we've sent out with this newsletter for more information or give us a ring on 01962 852307 if you've got any questions.

CAT MARK TRAINING

Interested in becoming a Cat Mark Support Worker? Our next training event is on Saturday October 4th at The Basement Youth Club in Chandlers Ford, between 9.30am and 3.30pm.

It is a great opportunity to support young people through the Cat Mark process, widen your own skills and experience and meet other support workers.

The Cat Mark is a mark of quality, awarded by young people, for any organisations providing services to young people. Cat Mark assessors are young people aged between 13 and 25 who understand the needs of young people and can use this knowledge to assess the services that are designed for them.

Support Workers are volunteers who support young people through the Cat Mark training and assessment process. Interested? Contact the Cat Mark Team on 01962 852307 for a booking form.



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In2Change ber 2008



We are looking for young people to take part in our new young people's group called In 2 Change.

The group will...

- Have a say and voice an opinion about Youth Clubs Hampshire and Isle of Wight; whether it is new and exciting ideas for workshops and activities or just giving feedback on what young people want
- Have an opportunity to meet new people
- Have a say about the work we do across Hampshire and Isle of Wight.

The first meeting:

WHEN: Thursday 23rd October 2008 from 7:00-8:15pm

WHERE: Youth Clubs Hampshire & Isle of Wight, The St Thomas Centre, 20 Southgate Street, Winchester, Hants, SO23 9EF.

If you work with one or more young people who you think would like to be part of this group please pass on the information about the first session to them, we've included a flyer with this newsletter. If you've got any questions then give us a call on 01962 852307.

CALLING ALL YOUNG LEADERS!

Are you working with young people who have recently completed their Young Leader Training with YCHLOW? Or are they currently doing the training? If so, they are invited to the following very exciting event!!!

What is it? A weekend residential at the Tile Barn in the New Forest.

What will we do? Take part in a range of sessions including playing games, doing some more young leader sessions, take part in outdoor activities, meeting other young leaders and helping to run the weekend. Oh and having fun of course!

When is it? November 21st – 23rd

How much is it? £20

How can they take part? Get an application form, get it filled in and get it signed by parents/guardians, send it back to us with £20.

What else? A minimum of one worker/volunteer from each youth club/group/project that is sending a young leader on the residential must sign up to and attend our Young Leader Workshop. (Workers/Volunteers do not have to come on the residential!!!).

There are only 20 spaces on this residential, so book very quickly! For forms and further information call Lynsey or Mia on 01962 852307

NEW WORKSHOPS!

In2Action are delighted to introduce three new workshops for the new term.

Chic or Unique: A fashion workshop aimed at Young People looking at fashion, trends, body image, self confidence and the global consequences of fashion. This is a 6 session workshop with games, discussions and tasks looking at how fashion affects us both individually and globally. The final project will be to design and make an environmentally sound outfit.

Work it Out: As part of our current Xpress Yourself programme we are offering an extra workshop aimed at giving young people skills and self confidence when looking for a job/ career/work experience. This is a 4 week workshop looking at career choices, education, volunteering applying for a job and interviews.

Go Green: An environmental workshop looking at how 'green' young people feel their local community and club/group/project is. Then young people consider and implement changes where appropriate. This is a 4 session workshop.

Interested, book quickly! Call Lynsey or Mia on 01962 852307. For more information or to discuss what would be suitable for your group/club/project, please don't hesitate to call and discuss!



Don't forget our other In2Action workshops which include: Positive Portraits, Drugs Awareness, Staying Safe, Making the News, Xpress Yourself, Team Challenges.

FUNDING OPPORTUNITIES

Waitrose recently announced that they are going to donate £2.2 million to new community schemes, local charities and good causes over the next 12 months. The projects that receive the funding will be chosen by customers and employees.

The 'Community Matters' scheme will allocate £1,000 every month to each of the 190 Waitrose branches. And each will distribute their grant to 3 local projects.

To find out more you should contact your local Waitrose store. To find your nearest branch visit www.waitrose.com.

Youth Opportunities Fund and Youth Capital Fund: Don't forget money is still available for groups of young people to apply for under both these schemes. Contact your local authority youth team to find out more. Call us if you need to know who your local youth team are and how to get in touch with them.



FREQUENTLY ASKED QUESTIONS

September 2008

This page looks at some of the things we are most frequently asked by our members. Whilst we cannot give you definitive answers as the settings you work in vary a great deal, we do hope that what we can do is give you some food for thought and some key points to consider. If you want to discuss any of these matters in more detail, please give us a call on 01962 852307.



How noisy is too noisy?

There are occasions when, at the end of an evening at the youth club, the team are left feeling really worn out and complaining about headaches etc. There could be many reasons for this but it's worth checking out whether it is because you're working in an environment that is simply too loud to be a safe and healthy working environment?

We know that groups of people generate noise and we know that music, video games and tv's are common in youth clubs, groups and projects. But, should there be a limit on the noise levels for the sake of everyone's physical and mental wellbeing? Quite simply: yes.

The youth club is not only somewhere to go for young people it is also a place of work for all the staff and volunteers. This means that there is a responsibility to ensure they are protected from over-exposure to high levels of noise in order to make sure they are not harmed by being in that environment. The Health and Safety Executive website provides all sorts of information about this at www.hse.gov.uk/noise.

You might also consider the effect it has on people's willingness to volunteer in the future as going home with a headache is not really anyone's idea of fun and will certainly have a negative impact on how rewarding the team find their jobs. Furthermore, just how easy is it to have conversations and build constructive and positive relationships when you are struggling to make yourself heard over the noise? And last but not least, how accessible is a very noisy environment to those with speech, language, communication or hearing impairments?

To put it simply, if your youth club gives anyone a headache or makes them feel unwell in any way due to noise levels you should consider how you can reduce the noise.

Suggestions for reducing noise:

- Limit the maximum volume on your music system and stick to it.
- Turn off the sound on computers, video games etc.
- Don't raise your voice to be heard, wait for others to stop talking and listen.
- Cut down the availability of sugary, additive-filled food and drink; they fuel hyperactivity.
- Don't overcrowd the space available.

CAN YOU HELP?

We are always looking for Clubs/Groups/Project that have the facilities to let a room or the building out for Youth Clubs Hampshire and IOW to hold meetings, training etc.

We like to make it as easy as possible for all our Clubs/Groups/Projects staff and young people to access training and meetings that we run and would like to be able to offer a variety of venues across Hampshire.

If you can help please contact us at Youth Clubs Hampshire and Isle of Wight office, our telephone number is 01962 852307.

KEEP ON TOP OF THINGS & GET BRIEFED

Youth Clubs and projects are often run by busy groups of individuals, some work every week whilst others can only give time occasionally. As a result there is often a lack of continuity between the youth work team from one week to the other.

During the time between one youth work meeting and the next there can often be a number of pertinent developments relating to young people that might explain their change in behaviour: lost boy/girl friends, problems at school and family breakdowns are just a few examples.

In order for staff teams to be kept up to date and have a clear idea what is happening on the night they are working we recommend a pre-session briefing of at least 15 minutes when staff can find out about any ongoing situations involving young people and learn what exactly is expected from them on this particular evening. This session should take place separately to setting up the equipment as it is important that people's attention is not distracted.

At the end of the session it is also very important to have some time to review what went well and what can be improved. Staff might have observed something which needs to be kept an eye on next week or raised with the management committee. Someone needs to agree to deal with these issues. But remember, it is important to include the positives during these sessions as it is often the case that they degenerate into dealing with the one young person out of 30 or 40 who had a bad time/caused a bad time. Keep things in perspective. Keeping a brief record of your post-session discussions is a good idea too as it means you have a record of any issues that might have occurred. You can also use this meeting to make plans for the next youth club/group session.

This ends of session de-brief does not need to take place at the club/group meeting place. Often going somewhere else gives you time to put the turmoil into perspective. We would recommend you keep these sessions short and to the point. If you open for 2 hours having a 45 minute de-brief makes no sense; 15 to 20 minutes is ample. Remember always try to end the meeting on a positive note as it helps to encourage staff to come back again.

Want to discuss this in more detail? Give us a call on 01962 852307.

OUR NEW WEBSITE

You will be pleased to hear that our new website has now gone live! We'd love to hear your comments feedback and hope it will be a really useful resource for all of you.

www.ychiow.org.uk

NATIONAL DEAF CHILDREN'S SOCIETY

The National Deaf Children's Society's (NDCS) aim is to remove the barriers to the achievement of deaf children throughout the world. As part of their ongoing hard work campaigning and educating they have brought out some resources to help make youth clubs and other facilities more accessible. We've sent you copies of some of the resources you might like to use with this newsletter.

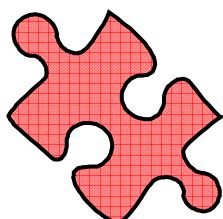
If you'd like to find out more about making your youth club, group or project more accessible to those with hearing impairments you can visit the NDCS's website at www.ndcs.org.uk or contact them for more specific advice and information.

TRAINING PROGRAMME INFORMATION

September 2008

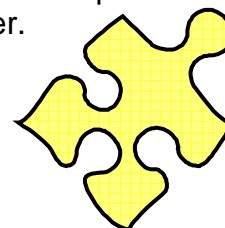
Our training is open to anyone working with young people in an informal education setting but as members of YCHLOW you get a big discount off the price of attending. Are there any areas of your work with young people you'd like to find out more about? What about other members of your team? Why not have a look at what's on offer or get in touch with us directly to discuss your needs on 01962 852307.

Training Option 1, You Come to Us: A series of courses run at our offices in Winchester open to members from any youth club, group or project. You complete a booking form, send us your payment and you come along and take part in the training. This option includes Child Protection, Risk Assessment, First Aid and Dealing with Challenging Behaviour. To book a place simply complete and return a booking form. Here's an overview of what's on offer.



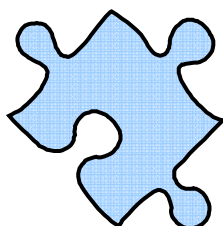
Risk Assessment

Saturday 16th October 08 10am-4pm
Saturday 21st March 09, 10am-4pm



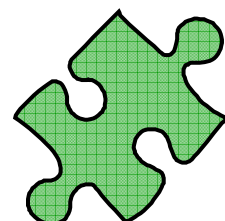
First Aid

Saturday 13th December 08, 9:30am-4:30pm
Saturday 16th May 09, 9:30am-4:30pm



Child Protection (Safeguarding)

Saturday 17th January 09, 10am-4pm
Saturday 25th April 09, 10am-4pm



Dealing with Challenging Behaviour

Saturday 28th February 09, 10am-4pm
Saturday 20th June 09, 10am-4pm

Training Option 2, We Come to You: A range of different courses that you book and we come to you to run for you and your colleagues at a time and location that is convenient. Choose from any of the wide range of courses in the Training Programme leaflet or give us a ring to discuss your needs if you can't see what you're looking for.

Training Option 3, The Basics: An introduction to youth work for those who are new or feel in need of a refresher. Comprising of 4 units each of 2 hours each we can deliver this training in Winchester or we can come to you. This is an ideal induction course for new volunteers.

CURRENT VACANCIES

POST 1: MOMENTUM MANAGER – 17.5 hrs - £23,515.00 pro rata - BUPA
Helping Keep Young People Safe on Our Roads

POST 2: CLUB SUPPORT WORKER – 17.5 hrs - £17,230 pro rata – BUPA
Supporting our Members to Deliver High Quality Youth Work

POST 3: OFFICE ADMINISTRATOR – 18 hrs - £14,997 pro rata – BUPA
Supporting us to Support our Members.

To find out more about any of these job vacancies please call the office on 01962 852307 or email sec.ychiow@ukonline.co.uk. If you'd like an informal chat about any post, please feel free to give us a call!