



July 2008



# YOUTH PRESS

## Youth Clubs Hampshire and Isle of Wight

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 [www.ychiow.org.uk](http://www.ychiow.org.uk)

### TRY SOMETHING NEW...

**All our members are entitled to 2 free club visit workshops during every affiliation year, are you making use of yours?**

A club visit workshop means you book us to come along to your youth club, group or project, bring an activity with us and deliver that activity alongside you and your staff team. It's a great way to have a go at something new, share your ideas and experiences with our staff and get a bit of feedback too.

Workshops on offer that are for one session include:

*Juggling and Circus Skills  
Initiative Challenges and Team Games  
Mask Making and Drama  
T-Shirt Painting  
Healthy Lifestyles  
Banner Painting  
Scrap Sculptures*

**You can also book the In 2 Action team to come along and do a multi-session workshop that could include things such as:**

*Positive Portraits  
Staying Safe  
Xpress Yourself  
Making the News  
Drugs Awareness*

Remember, if you can't see what you're looking for on the list then you can give us a ring to discuss your specific needs or interests and we'll try and come up with a workshop that works for you and your group of young people.

If you want to book a workshop or you would like to find out a bit more information then call us on 01962 852307 or email [fo.ychiow@ukonline.co.uk](mailto:fo.ychiow@ukonline.co.uk).

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# SURVIVOR CHALLENGE DAYLIGHT MISSION

Taking place on Saturday 27th of September 2008 at the Tile Barn, Brockenhurst, New Forest. The 1st challenge starts at 9am and teams must complete their last challenge by 6pm. This is your chance to get a team together and get involved in a fun and exciting new event. Warning: your teamwork skills will be put to the test by our challenges!!! See poster and information sheet for more details.

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## YOUNG LEADERS – THE FUTURE OF YOUTH CLUBS!!!

**Young Leader training is a 6-8 session programme for young people who would like to take more responsibility in the running of their club/group/project. The In2Action team come out to you and work with the young leader group, we look at various topics including:**

What is a young leader?  
Diversity & Stereotypes  
What do young people want to do?  
Research & Planning  
Risk Assessment  
Running a youth club session

The sessions are fun, we play games, solve problems, undertake challenges and have fascinating discussions! The finale of the sessions is that the Young Leaders organise and run their own session for the other young people at their club/group/project.

In the last year we have run 8 young leader courses, the results have been fantastic! The young people involved have had a great time, learned new skills and grown in self confidence. For the workers/volunteers they have had an opportunity to work closely with these young people, get to know them, support them and then have the benefit of young people being directly involved in their group/club/project.

*“I think that the young leader program is a really good learning experience and you get fun out of it to” – a young leader*

*“Young leader gave my helpers a better understanding of working at a Youth Centre. I feel they got an awful lot from it and became more responsible. I learned a lot from them and the training. I think their confidence increased and it was nice seeing them work as a group” – a worker*

The Young Leader training is just the beginning! After that the young people have the opportunity to go on to further training, get involved in a youth forum, take on responsibility in their club/group/project, become a CAT Mark Assessor and go on to do accredited training.

To give the Young Leaders from across the county an opportunity to meet each other and work together, they are all invited to a weekend residential, which will have outdoor challenges and activities and lots of extra young leader sessions!. We will be running weekends in September and November of this year! Watch out for further information!

So, as the summer approaches and you begin to plan activities for September, perhaps consider a Young Leader project? If you are interested or would like some further information, please give the In2Action team a call on 01962 852307.

## CAT MARK... ARE YOU UP TO THE CHALLENGE?

### **What is a CAT mark?**

A mark of quality, awarded by young people for any organisations providing services for young people.

### **How do we get involved?**

There are 3 ways:

Become a support worker and guide young people through the CAT mark process.

Apply for a CAT mark. Trained young assessors will come and assess your service against set criteria.

Encourage young people to get involved by putting them in contact with us!

### **How do young people get involved?**

Any young person between 13 and 25 can become an assessor. If they are interested, they contact us, we can answer any questions and explain the process to them. They then attend one day's training, before being involved in various assessments.

### **How much time does it take and what does it cost?**

The Cat Mark training is normally run on a Saturday and takes about 5 hours (lunch is provided!).

Each assessment takes approximately 3 hours plus travelling time.

There is no cost in fact, expenses can be paid!

### **Why should we get involved?**

The Cat Mark process is a fantastic project, it allows young people to participate and get involved, and really have their opinions heard! It also teaches them new skills and can increase their self confidence.

If you are running any sort of project for young people, the best input and feedback in the world is from those very young people!

A Cat Mark award is proof of your hard work and a great advert.

*'I chose to do Cat Mark as it is something new to try and sounded interesting. It is a really cool project!' a cat mark assessor*

*'the young people feel empowered and enabled to make a really positive contribution' a support worker*

*'from the Cat Mark process we now plan to review the information given to young people' a project who were awarded the Cat Mark*

Interested? We have enclosed a leaflet with extra information, either return the slip or contact Lynsey or Mia on 01962 852307.



**STOP PRESS:** did you know that youth groups can get discount tickets for a whole range of different attractions and venues such as Alton Towers, Thorpe Park and Chessington World of Adventures? Visit [www.youthfundays.co.uk](http://www.youthfundays.co.uk) or telephone 01162778998 for more information about what's on offer.

**STOP PRESS:** The National Youth Agency (NYA) has recently re-launched its quality mark for youth organisations. Visit their website at [www.nya.org.uk/information/100594/100603/nyaqualitymark/](http://www.nya.org.uk/information/100594/100603/nyaqualitymark/) to find out more information. The scheme is a self-assessment framework and is free of charge (a charge of £15 applies if you require a CD-Rom rather than a downloadable version.)

## FREQUENTLY ASKED QUESTIONS

This page looks at some of the things we are most frequently asked by our members. Whilst we cannot give you definitive answers as the settings you work in vary a great deal, we do hope that what we can do is give you some food for thought and some key points to consider. If you want to discuss any of these matters in more detail, please give us a call on 01962 852307.



### **Can we give the young people a lift home?**

If there is a good reason for your staff to give young people lifts then your organisation should discuss this matter, come up with an agreed approach to giving young people lifts too and from the club and make sure everyone is aware of and sticks to the same procedures. You should think about how to make sure that both the young people and the workers are as safe as possible:

- Child Protection (for instance we recommend that there are always 2 adults in the vehicle who sit in the front and the young people sit in the back)
- Insurance; does your car insurance included business use?
- Risk Assessment: what are the potential risks that could occur, how serious and how likely are they to occur, can you take steps to minimise the risks and is the risk worth taking?
- Consent forms: have you got signed permission from the young people's parents that clearly outlines when and where you will be transporting the young people and what your duty of care is?

If you'd like more information about this week's FAQ or have got a suggestion for future questions we can feature in this section why not let us know by telephone on 01962 852307 or by email to fo.ychiow@ukonline.co.uk.

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## CLUB VISITS: WHY WE GIVE YOU FEEDBACK

**We want our visits to be of value and benefit to you and the young people you work with. We want to share our skills, knowledge and experience with you in a way that contributes to you providing young people with the high level of service they deserve. The following extract from our Club Visit Protocol explains this in a bit more detail:**

*"A club visit must be an asset to the club, group or project. There is no long term benefit to a visit where YCHLOW staff only deliver a workshop for the club/group/project, i.e. become extra members of staff for a night.*

*A club visit has to be a long-term investment on behalf of the young people. We have found that the best way to ensure this is to work with the club/group/project to deliver our workshops and to pass on our skills and expertise to the workers during the visit. In short a club visit is "on the job training" for youth workers.*

*If the visit has not contributed to some sort of positive change in the long term then it cannot be deemed to be a success. Any additional benefits achieved can only be seen as positive if the main objective of a lasting difference has been achieved."*

We also ask you to give us your feedback too verbally, by using the feedback forms, or both. This allows us to find out what you think of the service we provide, how you think the visit has benefitted you and what you think we can do in the future to further support the work you are doing.

If you've got any questions about our feedback please feel free to give us a call on 01962 852307

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## EQUALITY OF OPPORTUNITY

When we interview for staff I always seem to get the equal opportunities question to ask.

The normal answer is “equal opportunities is making sure everyone is treated the same”. If only that were true!

Treating everyone the same implies that they all originated from the same start point.

Let’s use an example. Say we all live on a hill and the shops are at the top. The people at the bottom of the hill have to work harder to get to the shops than those living half way up whilst those living at the top of the hill have to do very little work to get there.

If we treated these people the same it would not do anything to change the unfairness of the situation. Two solutions present themselves:-

Flatten the hill and rebuild the houses so they are all the same distance from the shops

Install lifts which all take the same time to get to the shops (a very very fast ride for those at the bottom of the hill).

Solution 1 is sometimes referred to as “levelling the playing field” whilst solution 2 is sometimes referred to as “positive discrimination”.

Whichever solution appeals neither involves taking no action at all. So equal opportunities is about an active approach not a passive, “treating everyone the same”.

As youth workers we always work in an equal opportunities way with young people. We treat them as individuals and address their personal needs. We do not adopt a one size fits all approach (treating them all the same).

So the answer to the interview question “what do you do which demonstrates your commitment to equal opportunities?” should be something more along the lines of “I work with young people to enable them to reach their individual goals”.

Want to discuss this further? Call our Andy on 01962 852307.



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**STOP PRESS:** Do you need a public performance licence to play music or films in your youth club, group or project? Visit [www.frsb.org.uk](http://www.frsb.org.uk) to find out more.

**STOP PRESS:** The National Youth Association has produced a new guide to Youth Work that is aimed at young people. Visit [www.ncvys.org.uk/index.php?page=283](http://www.ncvys.org.uk/index.php?page=283) for more info and to download a copy of the guide

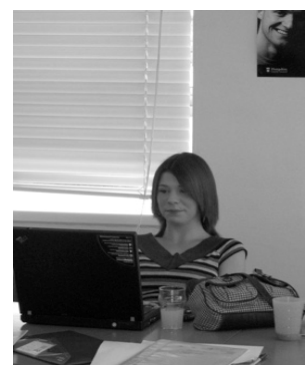
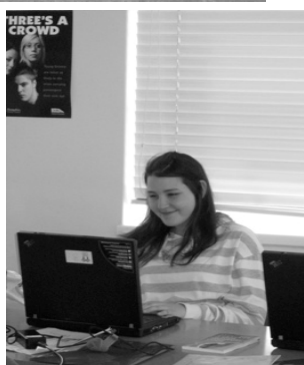
**STOP PRESS:** The National Deaf Children’s Association is launching a new campaign to help make more youth clubs accessible to young people with hearing impairments. Visit their website [www.ndcs.org.uk/me2](http://www.ndcs.org.uk/me2) to find out more.

**STOP PRESS:** Hampshire and Isle of Wight Community Foundation Grants: could you apply? Visit the Foundation’s website at [www.hantscf.org.uk](http://www.hantscf.org.uk) to find out more and download application information and forms.

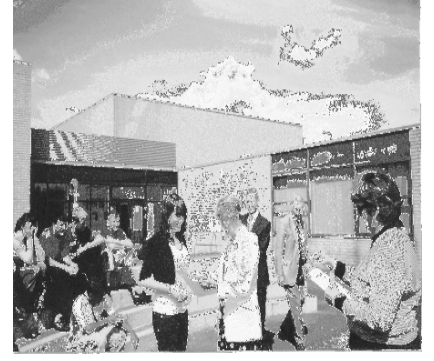
# MOMENTUM

**Momentum has had a really busy time with three courses running during the past few weeks.**

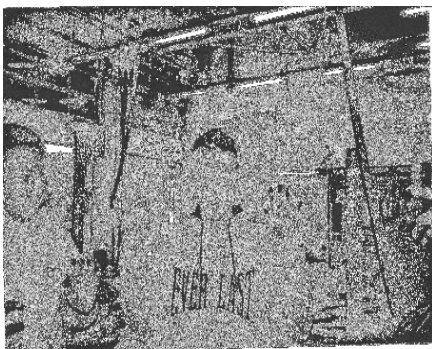
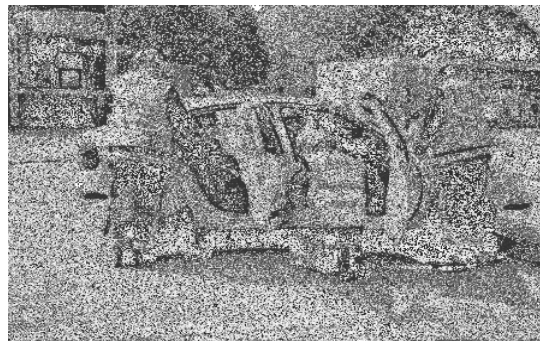
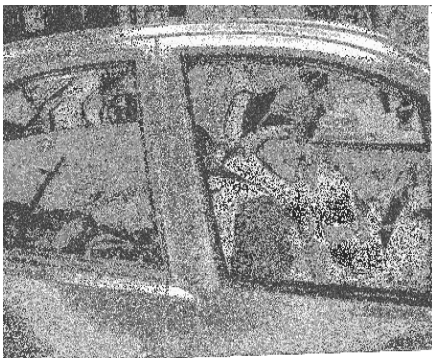
In May, an On-Two Wheels course in association with Connexions of Basingstoke took place at Richard Aldworth Science College. The weather stayed fine and Kelly and Martin delivered a brilliant course. All who took part gained not only a better understanding of road safety for motorcyclists but also a renewed interest in their futures. The tutors found themselves helping the young people to complete application forms for jobs! Good luck everyone.



Another On-Two-Wheels course to run this month has been sponsored by Burghclere Community Association. Based at the Depot in Andover, the course has proved to be really popular. It is a joy to work with young people who are really keen and everyone has gained so much from the experience. Kelly and Martin have thoroughly enjoyed working with such a bright, interested group. Another batch of well-trained motorcyclists will be found on the roads around Andover soon!



A First Gear course for Year 11 students at Toynbee School in Chandlers Ford proved to be very popular and was a memorable conclusion to life at school. Driving at Thorney Island was definitely the highlight with everyone mastering the controls remarkably easily. Several were told by the driving instructors that they were almost ready to take their driving tests!! Wow what an achievement.... Congratulations to all who took part. Thanks must go especially to Angie Burrell and Elaine LeGeyt who ran the course and had put in a great deal of time and effort to ensure that it was fun, interesting and relevant. I know the students were very grateful and The Deputy Mayor of Eastleigh, Councillor Pam Holden-Brown who kindly presented the certificates was very impressed.

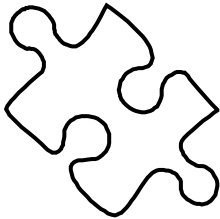


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## NEW LOOK TRAINING PROGRAMME

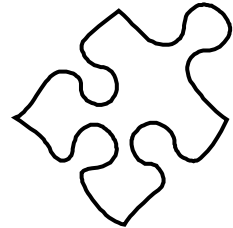
You will notice that we have sent you a new Training Programme leaflet with this newsletter and you'll probably also notice that it looks a little bit different. Here's a quick overview of the new training programme now on offer to our members, full details available in the Training Programme leaflet:

**Training Option 1, You Come to Us:** A series of courses run at our offices in Winchester open to members from any youth club, group or project. You complete a booking form, send us your payment and you come along and take part in the training. This option includes Child Protection, Risk Assessment, First Aid and Dealing with Challenging Behaviour.



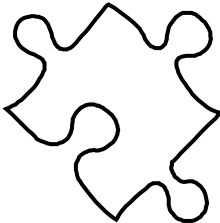
### Risk Assessment

Saturday 16th October 08 10am-4pm  
Saturday 21st March 09, 10am-4pm



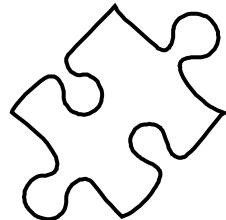
### First Aid

Saturday 13th December 08, 9:30am-4:30pm  
Saturday 16th May 09, 9:30am-4:30pm



### Child Protection (Safeguarding)

Saturday 17th January 09, 10am-4pm  
Saturday 25th April 09, 10am-4pm



### Dealing with Challenging Behaviour

Saturday 28th February 09, 10am-4pm  
Saturday 20th June 09, 10am-4pm

**Training Option 2, We Come to You:** A range of different courses that you book and we come to you to run for you and your colleagues at a time and location that is convenient. Choose from any of the wide range of courses in the Training Programme leaflet or give us a ring to discuss your needs if you can't see what you're looking for.

**Training Option 3, The Basics:** An introduction to youth work for those who are new or feel in need of a refresher. Comprising of 4 units each of 2 hours each we can deliver this training in Winchester or we can come to you. This is an ideal induction course for new volunteers.

To discuss your training needs or book some training call us on 01962 852307.

# ***TUTORS WANTED!!***

**Momentum Tutors wanted to deliver Pre-learner driving courses across the County.**

**Funloving-safedriving-fastthinking-greatplanning-resultseeking-  
teamplying-youthworking-goodtimekeeping-allsinging-all dancing  
If that sounds like you please give us a call on 01962 852307  
for more details.**