



## MEET OUR NEW MEMBER OF STAFF

Debbie Dowgill is our new Participation Development Manager. Her role here at Youth Clubs Hampshire and Isle of Wight is to run our Young Leader Training programme. She runs the CAT Mark scheme, and this includes training Young Assessors too.

Over the next few weeks we're going to be looking for new groups of young people who want to be Young Leaders and Young Assessors (you can even do both!).

We're also going to be looking for young people who want to have a go at being trainers and will be running a 'train the trainer' programme to help you gain the skills, knowledge and confidence to go out and train other young people.

If you think that you'll be interested in being part of any of these projects then remember to keep an eye on our newsletter, to let your youth worker know you're interested and to drop us a line at [cat.ychiow@gmail.com](mailto:cat.ychiow@gmail.com). We're happy to arrange with your youth workers to visit you at your youth clubs to give you more information and answer your questions. You can also visit our website to find out a bit more info: [www.ychiow.org.uk/for-young-people-active-citizen.htm](http://www.ychiow.org.uk/for-young-people-active-citizen.htm).

## ARE YOU CLUED UP?

Out and about, at home, on the internet, using mobile phones... we come across many different situations where we need to know how to keep ourselves, our friends and our families safe.

YCHLOW run 'Staying Safe', workshops that explore different aspects of safety in a fun, relaxed way.

The workshops include a range of interesting activities, discussions and tasks looking at topics such as:

- Mobile phone safety
- Internet safety
- Travel safety
- Safety in the home
- Personal safety
- Bullying



In each session you also have a chance to get creative and come up with a way to pass on the safety messages you think are important to young people helping to spread the word to others.

If you'd like to know more or want a workshop in your youth club, let your youth worker know and they can contact us to book a visit.

## • Talking Point • Talking Point • Talking Point • Talking Point •

**CHRISTMAS CHEER...** Christmas is a huge event in the UK and many people spend months planning for the day and a lot of money on achieving their 'perfect Christmas'. But how much thought really goes into the festive season? Here are a few different things to think about at Christmas time...

- Christmas is often seen as a time to think about others: what could you do to make a positive difference in your local community this Christmas?
- Christmas has strong ties with a number of different religious groups: do you know what they are and how these different groups celebrate?
- What other important religious festivals are celebrated by people living in the UK in December?
- What do you think is the most important thing about Christmas?



## WHAT'S HAPPENING IN DECEMBER AND JANUARY

- 3rd & 4th December: Tree Dressing Day - Groups and individuals can show their appreciation of trees in the streets, parks and gardens by 'dressing them' – until Twelfth Night. Find out more about this here: [www.england-in-particular.info/new/n-dec.html](http://www.england-in-particular.info/new/n-dec.html)
- 11th December: International Mountain Day - International Mountain Day is an opportunity to create awareness about the importance of mountains to life, to highlight the opportunities and constraints in mountain development and to build partnerships that will bring positive change to the world's mountains and highlands. Find out more online here: [www.fao.org/mnts/en/](http://www.fao.org/mnts/en/)
- 25th December: Christmas Day! Find out what you can about the origins of Christmas and how people celebrate around the world by doing your own research
- 22nd - 28th January: Farmhouse Breakfast Week - Farmhouse Breakfast Week is an annual campaign to raise awareness of the benefits of eating a healthy breakfast and demonstrate the variety of breakfast foods available in the UK. Find out more on their website here: [www.shakeupyourwakeup.com](http://www.shakeupyourwakeup.com)
- 27th January: Holocaust Memorial Day - Holocaust Memorial Day provides an opportunity for everyone to learn lessons from the Holocaust, Nazi persecution and subsequent genocides and apply them to the present day to create a safer, better future. Find out more here: [www.hmd.org.uk/about/](http://www.hmd.org.uk/about/)
- 27th January: RNLI SOS Day - Join in with the RNLI's biggest fundraising day on Friday 27 January 2012 to show your support for our volunteer lifeboat crews and lifeguards. Find out more online here: [www.rnli.org.uk/sosday/home](http://www.rnli.org.uk/sosday/home)
- 28th January - 29th January: The RSPB Big Garden Birdwatch - The RSPB Big Garden Birdwatch is the world's biggest bird survey and the results help the RSPB to keep track of bird populations right across the UK. Find out more online here: [www.rspb.org.uk/birdwatch](http://www.rspb.org.uk/birdwatch)
- 28th January - 4th February: National Storytelling Week - National Storytelling week is an annual event celebrating stories. Find out more here: [www.sfs.org.uk/nsw](http://www.sfs.org.uk/nsw)

