



YCHIOW Newsletter October 2010

YOUTH PRESS



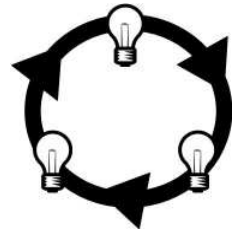
Youth Clubs Hampshire and Isle of Wight

Working to Enable Young People to Fulfil Their True Potential

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

An invitation to our members to attend...

Exchange 2010



Tuesday 16th November 2010 from 7-9:30pm

EXCHANGE is a chance for youth workers and volunteers from youth clubs, groups and projects across YCHIOW's network to come together

share ideas & experiences ~ share good practice ~ share concerns ~ share resources ~

PART 1: Presentations and time for questions...

CAT Mark: What and Why?

V Involved: Young People as Volunteers

Youth Achievement Awards: Accreditation for Young People (TBC)

PART 2: Informal networking time and refreshments

Please RSVP to fo.ychiow@ukonline.co.uk / 01962 852307 by 12th November

YCHIOW, The St Thomas Centre, 20 Southgate Street, Winchester, SO23 9EF
(On street parking and car parks close by)

AGM REMINDER

Youth Clubs Hampshire and Isle of Wight will be holding its Annual General Meeting from 7pm for 7:30pm start on the evening of Thursday 21st October 2010 at the Millennium Memorial Hall in Littleton and all our members and supporters are invited to attend.

The evening is not just about business but is also a chance to celebrate the work of YCHIOW during the past year as well as looking forward to the future. So, put the date in your diary as we'd love to see you there!

Please RSVP to secac.ychiow@ukonline.co.uk or call us on 01962 852307 to let us know you're coming.



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• Club Support & Round Up • Club Support & Round Up •

OLD FAVOURITES AND SOME NEW WORKSHOPS!

All our members can have 2 free workshop sessions per affiliation year so if you haven't used up your 2 sessions yet, don't forget to get in touch and book them in... Call us on 01962 852307 or email fo.ychiow@ukonline.co.uk.

Choose one of our existing workshops...

- Juggling and Circus Skills
- T-Shirt Painting
- Banner Making
- Healthy Lifestyles
- Masks
- Scrap Sculpture

Or try one of our new workshops...



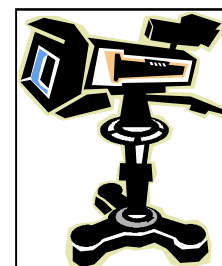
AROUND THE WORLD: A chance for young people to take part in a range of activities that stem from different world cultures that are now commonly part of life in the UK. Choose from activities including origami, kite making, totem poles and more. Each activity is something fun to do and also a chance to learn about other people and other places, to share knowledge and experiences and broaden horizons.

BEAT BULLYING: This is a workshop aimed at examining the issue of Bullying with young people, encouraging them to consider the feelings and actions of the bully, the victims and the bystander and look at how everyone can help. Then using this information the young people will pass on their knowledge to other young people, some Peer Education in practice.



STAYING SAFE: Hanging out with friends, going out and about on the roads, on the internet; how do young people keep themselves safe? In this workshop a range of different activities that can be included that are designed to help young people keep themselves, and each other, safe.

MAKING THE NEWS: How much do young people know about their local communities? This workshop is centred around the task of young people making their own local TV News programme. During the workshop there will be activities looking at teamwork and communication skills as well as the chance to learn new skills such as how to use a camcorder and laptop to make a short news broadcast.



Remember: members can have 2 free workshops sessions each affiliation year!

To book one of our workshops or to find out more information please get in touch with us on 01962 852307 or email fo.ychiow@ukonline.co.uk

• CAT Mark News • CAT Mark News • CAT Mark News •

FAQ's about the CAT Mark Award

What is the CAT Mark Award? The CAT mark is a stamp of approval for young people's services. It is awarded by young people who have been trained as CAT-mark assessors. They assess services, organisations and projects against set conditions. The conditions are as follows.

- Involving young people
- The safety, security and well being of young people
- Equal opportunities for all young people
- Links to other services
- Environment and resources
- Availability of support

Being awarded a CAT Mark shows a commitment to providing a good quality service, which successfully meets the needs of all young people.

Who can apply for a CAT Mark Award? Any organisation that provides a service for young people can apply, such as children's homes, youth projects, schools, information and advice services, and health services.

Who are the CAT Mark Assessors? CAT Mark Assessors are young people aged between 13 and 25 who understand the needs of young people. They use this knowledge to assess the services that are designed for them. Assessors will visit the organisations that have applied for the CAT mark and check them against the Award criteria. They complete their assessment by writing a simple report to present to the organisation. This report will highlight strengths and areas for development. The Assessors will decide whether the organisation should receive a CAT mark.

How can my organisation/service get involved? You may want to undertake a CAT Mark assessment, or have young people who would like to train as Assessors. You may even want to volunteer on the project yourself. To find out more about any of these opportunities, please contact the CAT Mark Team at ac3.ychiow@ukonline.co.uk or on 01962 852307.



Hampshire
County
Council



NATIONAL YOUTH WORK WEEK: 1ST-7TH NOVEMBER 2010

What's it all about? It is a chance to highlight the contribution of youth work to the development of young people and to turn public attention towards the positive roles played by young people in their communities.

How can you get involved? Visit the National Youth Agency Website (NYA) for loads of information and ideas about how you can celebrate youth work week and the young people you work with. Visit www.nya.org.uk/major-programmes/youth-work-week-2010 to find out more.

And... We've love to hear your stories about how you celebrated Youth Work Week so drop us a line to fo.ychiow@ukonline.co.uk



This section covers some of the questions we get asked the most often by our members and aims to provide you with some additional information and food for thought when addressing these issues in your own organisation. To talk through any of the topics raised or suggest a topic to be covered on this page call us on 01962 852307 or email fo.ychiow@ukonline.co.uk

WORKING IN A SHARED BUILDING: If you run a youth club, group or project in a building that is used by other groups of people at the same time you may have to take a few extra steps to help make sure the young people in your care are kept safe. Here are some ideas:

- If a young person attending your project wants or needs to talk to a responsible adult (i.e. One of your team) how do they know who to speak to if there are other adults around? There are a number of ways to address this matter which might include having a staff uniform to make workers easily identifiable, ensuring staff wear clearly visible ID badges or having a staff photo board.
- If a young person needs to access a shared area of the building such as the reception area or toilets how will you keep them safe? One of the most common approaches to solving this issue is to ensure that staff regularly visit all areas of the building that young people might have access to. This reassures the young people that they are being looked after and sends a clear message to other building users that you and your colleagues are taking your responsibilities to keep young people safe seriously and that there are no secluded places in the building to 'hide' should someone wish to have inappropriate access to the young people.
- Having a clear and well publicised system in place so that young people can report any fears or concerns can be a very important tool in helping to keep them safe. It not only means that the young people know what to do if they have a concern but also means that they feel confident that concerns are important and will be taken seriously.



So... If you use a shared building why not sit down as a team and review what you currently do to keep young people safe in the building and see if there's anything extra that can also be done?

FUNDRAISING: A YOUTH CLUB ACTIVITY

Providing opportunities for the young people that you work with to get together and 'give something back' can be a great way to introduce all sorts of topics into your work with young people and a hugely rewarding process. Enabling young people to fundraise for charity can lead them to develop all sorts of skills such as team work, communication skills, planning, negotiating and decision making skills and a sense of themselves as a part of something bigger. With Children in Need coming up why not give it a go and see what your youth club can do to raise money for disadvantaged children? Check out our info sheet for some fundraising ideas...



BBC

Friday 19 November 2010

Children in Need

About Children in Need: "BBC Children in Need gives grants to organisations in the UK working with children who have mental, physical or sensory disabilities; behavioural or psychological disorders; are living in poverty or situations of deprivation; or suffering through distress, abuse or neglect. The size and scale of The BBC Children in Need Appeal means that we're able to give grants to hundreds of different organisations, some of which are very small and don't have the resources to fundraise for themselves."

• HOT TOPIC • HOT TOPIC • HOT TOPIC • HOT TOPIC •

“The youth clubs does not have a good reputation”. “The community always blames the youth club for bad things that happen”. “Only bad young people go to the youth club”. “No one knows what goes on at the youth club”. “The youth club is bad for the community”. “The youth club is a necessary evil”. “The community hall management committee want to get rid of the youth club”.

These are some on the things we have heard from youth workers, members of the community and parents and it is a crying shame because they are not a true reflection of the fantastic work that goes on inside our youth clubs and projects. We know this because we are always visiting and seeing for ourselves.

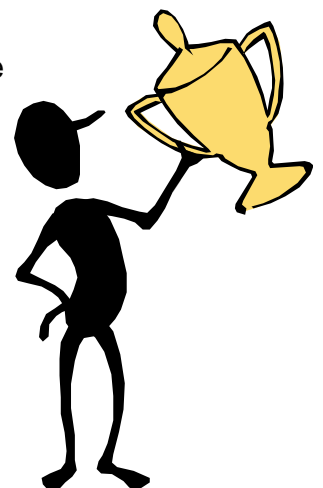
So what is going wrong? Bad or no Public Relations is the answer. When we work in a youth club we know that the young people are stars, we know they care about issues of fairness, that they have a view about their community and that they want to make a difference now and when they grow up. Unfortunately all the good work that happens in a youth club very often stays right there, no one else gets to know about it.

What the community sees is another institution where they can off load their young people for a couple of hours of quiet. Why they think their young people suddenly become a mob of unruly hooligans once inside I shall never understand but that is often what they believe.

Although youth workers know this is not the reality, nonetheless, many adults and often other young people believe it is. It is unfair but it is also something that we, as youth workers can change. “I am already busy running the youth club, why would I want to take on another job? What’s the use?” This is a good question and the answer is that it is a lot more rewarding being a youth worker in a community where the youth clubs is seen as a positive asset. It is easier to get support, it is easier to attract volunteers and it is easier to attract a group of young people from a wide and diverse set of backgrounds which helps create a rich environment where the young people can thrive.

“O.K. I’m convinced. What can I do?” The short answer is to let the community know what you are doing. What goes on in the youth club, what special things some individual young people have achieved i.e. They’ve got their Duke of Edinburgh Award, got certificates for helping out, collected money for charity, visited people in the local nursing home etc....

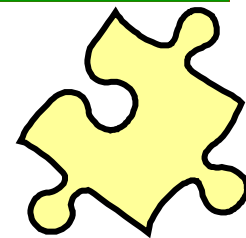
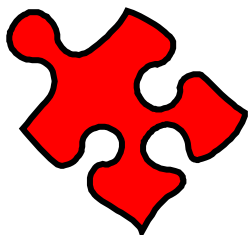
“How can I do this?” Use the parish magazine or local freebie newspaper; send newsletters home with the young people; leaver your club newsletter in the local doctors surgery, vets surgery, dentists, library, community centre in fact in any public building around the community. Use notice boards to display your current programme so people can see that you plan activities and don’t just run a free for all. Get people from the local community to come in and share their hobbies and interests. If they have had a good time they will soon put some of the rumour makers in their place by spreading good news about the youth club. Arrange open days and other events at the youth club where parents and interested parties can come and see what you do. Get involved in local charity events like the carnival. Raise money for charity and have a public handing over ceremony. Have a website. These are just some of the ways you can inform the general public about what a great place he youth club is and how super the young people are. I’m sure that there are some more great ideas out there so why not share them with me so I can share them with others? Drop me an email at ce.ychiow@ukonline.co.uk



• Youth Worker Development • Youth Worker Development •

YOUTH WORKER DEVELOPMENT PROGRAMME

Sessions taking place at the YCHLOW offices in Winchester...



Child Protection

An introductory awareness raising session looking at approaches to Child Protection within a youth work context and aiming to enhance participants understanding of Child Protection issues and how to deal with them

Saturday 13th November 2010, 10am-4pm
Saturday 19th March 2011, 10am-4pm

Dealing with Challenging Behaviour

A look at some theories behind dealing with challenging and unhelpful behaviour plus lots of practical advice and tips on how to apply this to your everyday work with young people in your youth club, group or project

Saturday 27th November 2010, 9:30am-4pm
Saturday 7th May 2011, 9:30am-4pm

Risk Assessment

An introduction to the practice of assessing risk within a youth club, group or project for the safety of staff, young people and visitors. Lots of practical activities aimed at bringing the process to life and enhancing participants understanding of Risk Assessment

Saturday 12th February 2011, 10am-4pm
Saturday 2nd July 2011, 10am-4pm

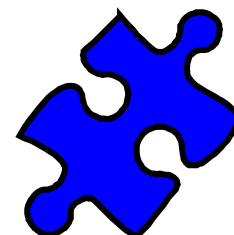
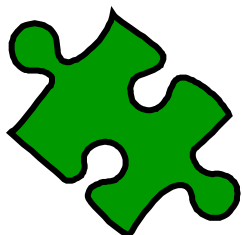
Sessions taking place at the Red Cross Centre, Winnall Close, Winchester, SO23 0LB

First Aid

A basic, 1 day First Aid course ideal for both those new to First Aid and those needing a refresher. Run by trainers from the Red Cross who provide the information you need to get to grips with being a First Aider and lots of practising too!

Saturday 9th April 2011, 9:30am-4pm

Don't forget about our in-house development options too!!!
Call us on 01962 852307 for more information.



OTHER TRAINING OPPORTUNITIES

For those working in the voluntary sector delivering work with young people, there are a wide range of training opportunities available through Hampshire County Council training team and you can find out about them online at the Learning Zone.

Why not log on to the Learning Zone website to see what's available? Courses covering a wide range of topics relating to youth work are offered. www3.hants.gov.uk/learningzone

MEMBERSHIP CARDS

Does your club/group/project use membership cards? We have a supply of durable, red, plastic cards with spaces for details to be entered (name, club, date, membership number). Available from our office at very reasonable rates (see order form below).

**YOUTH CLUBS HAMPSHIRE AND ISLE OF WIGHT
ORDER FORM FOR MEMBERSHIP CARDS**

Club:

Address:

.....

.....

.....Post Code:

Tel No:Mobile Number:

Requires membership cards.

Enclosed please find a cheque for £ made payable to 'Youth Clubs Hampshire and IOW'.

COST

- 50 cards £9.50 + £1.20 postage & packing
- 100 cards £18.50 + £1.60 postage & packing
- 150 cards £28.00 + £1.70 postage & packing
- 200 cards £37.00 + £2.00 postage & packing

Return to:
Membership Cards
Youth Clubs Hampshire & IOW
The St Thomas Centre
20 Southgate Street
Winchester
SO23 9EF



Sample Membership Card