

YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight

Working to Enable Young People to Fulfil Their True Potential

Company limited by guarantee. Registered in England and Wales no. 3630280. Registered charity no. 1072005
The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

TIME TO RE-AFFILIATE

The current affiliation year will draw to a close at the end of March so it's time to start thinking about re-affiliating for the next year. This year we're doing things a bit differently and hope to make things a bit easier for you and save you both time and money.



What's new?

- **Online Renewal Forms:** we'll send you the link that takes you to the webpage with the form you need to complete and return
- **Upload Policies and Procedures:** need to send us a policy or procedure? Simply upload it from your computer to the renewal form and send it electronically
- **Multi-year Affiliation Discounts:** Choose whether to affiliate for 1, 3 or 5 years; the longer you affiliate for, the more money you'll save!
- **New Payment Options:** you'll have the option to send us a cheque as usual or to pay by bank transfer

What you need to do: sit back and wait for your email giving you full instructions. If you don't think we've got your correct email address, get in touch and let us know by emailing secretary.ychiow@gmail.com.

1 night per week	Cost	Saving
1 year	£39.00	n/a
3 years	£105.00	£12.00
5 years	£156.00	£39.00
2 nights per week	Cost	Saving
1 year	£46.00	n/a
3 years	£124.00	£33.00
5 years	£184.00	£46.00
3 nights per week	Cost	Saving
1 year	£51.00	n/a
3 years	£138.00	£15.00
5 years	£204.00	£51.00
4 nights per week	Cost	Saving
1 year	£58.00	n/a
3 years	£157.00	£17.00
5 years	£232.00	£58.00
Detached/Special Projects	Cost	Saving
1 year	£36.00	n/a
3 years	£97.00	£11.00
5 years	£144.00	£36.00

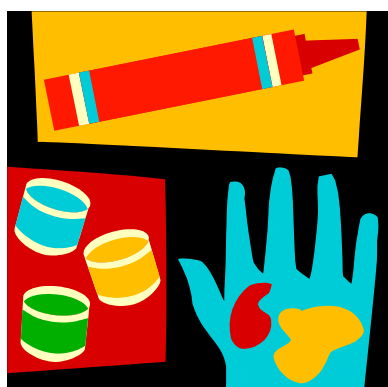
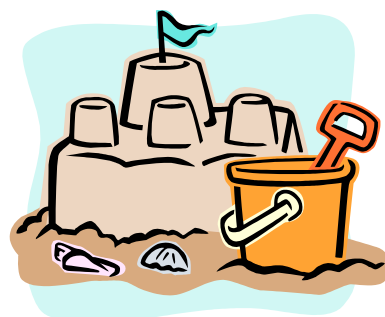
CONTENTS

1. Reaffiliation
2. Workshops and Events
3. FAQ's
4. Hot Topic
5. Youth Worker Development Programme
6. Activity Ideas

• EVENTS • EVENTS • EVENTS • EVENTS • EVENTS •

WE'VE GOT SOME DATES FOR YOUR DIARY...

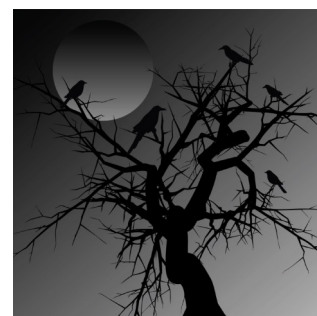
BEACH PARTY 2011: This very popular annual event will take place on **Saturday 25th** June from late morning onwards and will be hosted by Shanklin Youth Club on the Isle of Wight. This is always a great day out for young people and their youth workers with a chance to spend a day at the beach, meet new people, take part in new activities and enjoy the weather (hopefully).



ARTS EVENT 2011: This fun and creative event will be open to a number of affiliated clubs who will benefit from having an arts-worker placed in their organisation over a number of sessions in **September and October**. They will work with the young people on a creative piece or project. All the group's work will be recorded on a DVD and there'll be a chance to come and showcase your work at a celebration event on **1st** November too.

SURVIVOR CHALLENGE MIDNIGHT

HIKE: Overnight on Saturday 17th September. Its exciting and its challenging... 2011 sees the return of the infamous Survivor Challenge Midnight Hike! Teams of young people, supported by their youth workers, walk and work through the night along the disused Meon Valley railway line and must complete challenges along the way. This competition is all about team work!



So, put the dates in your diary now and keep an eye out for more information in the next newsletter!

• WORKSHOPS • WORKSHOPS • WORKSHOPS • WORKSHOPS

DON'T FORGET TO BOOK YOURS!

Each affiliation year many of our members take full advantage of our 2 free visit workshops with some even coming back to ask for more! So, don't miss out on your free workshops, book today! Choose from a wide range of workshop activities including Circus Skills, Team Games & Initiative Challenges, Masks, T-Shirt Painting and more.

Book by calling 01962 852307 or by email to our Club Support Worker, Nicky at cs1.ychiow@gmail.com

• FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ •

WHAT YOU MIGHT NEED TO KNOW

Being a youth work and running a youth club can be tough and it can sometimes seem a bit lonely and isolated; like you're going it alone. When we visit the youth clubs, groups and projects affiliated to YCHLOW, there are certain things that we talk about a lot, some questions that keep on popping up and some concerns that everyone seems to share. This page is where we bring together these topics and share them for everyone's benefit hopefully making your job a bit easier. If you want to talk to us in more detail about anything on this page call 01962 852307 or email opmanager.ychiow@gmail.com.



Why do I have to do a Risk Assessment? We can all do Risk Assessments, we do them everyday without even knowing we're doing it... When we cross the road, when we cook dinner, when we do the cleaning... When we're doing all these activities we make decisions about how to do them in a way that we consider to be acceptably safe.

Risk Assessments should be seen as part of a positive and affirming process of protecting yourself, your team and the young people you work with from being exposed to unacceptable levels of risk. They also protect the general public and other visitors to your youth club, group or project. Incorporate Risk Assessments into your day to day planning and they soon become an easy and straightforward task.

When you do a Risk Assessment you demonstrate that you've thought about what activities you are going to do and how you can manage any risks associated with the activity. Remember: the law does not expect you to eliminate all risk, but you are required to protect people as far as 'reasonably practicable'. There's lots and lots of straightforward information and guidance available online at the Health and Safety Executive website www.hse.gov.uk/contact/faqs/riskassess.htm including a step by step Risk Assessment guide and templates to download and use.



You should also check what your insurance policy requires: some policies won't support claims for an incident or accident that occurs during an activity if you don't have a recorded Risk Assessment to show them.

If you'd like us to come and talk to you about Risk Assessment in more detail then give us a call on 01962 852307 or email opmanager.ychiow@gmail.com

NEWS ON VETTING AND BARRING ARRANGEMENTS

In its programme for government, the coalition committed to reviewing the vetting and barring scheme (VBS) to scale it back to common sense levels. The government has now announced provisions to revise its vetting and barring arrangements, to ensure fair and proportionate regulation of those who want to work with vulnerable groups. Make sure you're up to date by visiting <http://www.homeoffice.gov.uk/crime/vetting-barring-scheme/> for all the latest information.



• HOT TOPIC • HOT TOPIC • HOT TOPIC • HOT TOPIC •

SO YOU WANT TO START A YOUTH CLUB?

Congratulations you are about to start on one of the most rewarding activities you can. Like any new project an ounce of preparation is worth a ton of cure so getting the preparation right is an essential first step.

Why not take a few minutes to read through this article and then if you'd like to talk about any of the issues raised or get support for starting your new youth club in general then just get in touch: call us on 01962 852307 or email ce.ychiow@gmail.com

We have talked in the past about the policies and the insurance etc. So, what else do we need to think of? **Market research is always a good thing.** What often happens is that the organisers will go out on the streets and ask young people what they want. Although this is a good first step it makes two basic assumptions:-

1. That only people out on the streets will want to attend a youth club i.e. that these young people are representative of the youth population of your area. Doing some basic research about the diverse nature of the makeup of the youth population in your area will help you ensure you ask a good representative cross section of young people. We often go to youth clubs and projects and ask why there are no young people from ethnic backgrounds attending and the answer is often we have no young people from ethnic backgrounds in the area, a little research on our behalf often shows that there are in fact quite a number of young people from ethnic backgrounds but because they are not on the streets their views have not been considered.
2. Asking young people what they want is a good first step but sometimes what they want and what they need are two different things. Youth work is about enabling young people to meet their needs. For instance a young person may tell you that they want somewhere to go to hang out which is fine but that young person may need to learn how to negotiate with an authority figure in a positive and effective manner. This is where the youth worker comes in by providing opportunities for that young person to learn how to negotiate and then practice that skill. If we only provide what young people tell us they want we are in danger of only providing the safe option which may lead to the young people getting bored and drifting away. Sometimes we need to take the young people out of their comfort zone and encourage them to take part in activities they had never considered this introduces challenge into their lives and keeps them on their toes.

An appropriate venue is always a bonus. Remember not all disabled young people are in wheel chairs there are a whole number of other hidden disabilities that at first glance may not be obvious. Just because a person can walk does not mean they have the strength to open a door especially with a self closer on it. Just because a young person can talk does not mean they can read so if all your information is in a written format you may be inadvertently discriminating against young people with literacy problems. Just because a young person has eyes does not mean they can see at all or very well. Having the toilet doors the same colour as all the other doors may mean you are inadvertently discriminating against a partially sighted young person.



Continued from previous page...

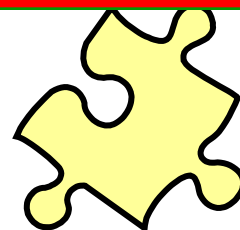
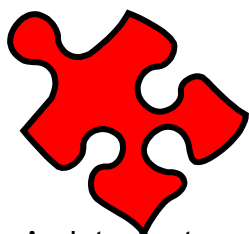
Just because the venue you are thinking of using has a ramp does not mean a young person in a wheel chair can get up it, believe me I have seen some ramps so steep that a four wheel drive vehicle would have problems getting up there. If no young people with disabilities turn up to your club it does not mean there are none in your community it might just mean they do not feel welcome or that their needs will be taken seriously.

It is always worth looking at your venue from time to time and asking yourself how welcoming and inclusive does this venue look. We suggested to a youth organisation that it put up Braille signs; "but we don't have any blind people attending" was the answer. They did put up the signs and were very surprised to have comments from people like "we didn't know you catered for disabled people here!". So the question is what does your venue say about your organisation?

• Youth Worker Development • Youth Worker Development •

YOUTH WORKER DEVELOPMENT PROGRAMME

Sessions taking place at the YCHLOW offices in Winchester...



Child Protection

An introductory awareness raising session looking at approaches to Child Protection within a youth work context and aiming to enhance participants understanding of Child Protection issues and how to deal with them

Saturday 19th March 2011, 10am-4pm

Dealing with Challenging Behaviour

A look at some theories behind dealing with challenging and unhelpful behaviour plus lots of practical advice and tips on how to apply this to your everyday work with young people in your youth club, group or project

Saturday 7th May 2011, 9:30am-4pm

Risk Assessment

An introduction to the practice of assessing risk within a youth club, group or project for the safety of staff, young people and visitors. Lots of practical activities aimed at bringing the process to life and enhancing participants understanding of Risk Assessment

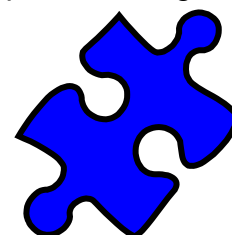
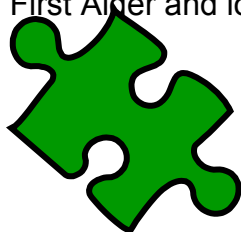
Saturday 2nd July 2011, 10am-4pm

Sessions taking place at the Red Cross Centre, Winnall Close, Winchester, SO23 0LB

First Aid

A basic, 1 day First Aid course ideal for both those new to First Aid and those needing a refresher. Run by trainers from the Red Cross who provide the information you need to get to grips with being a First Aider and lots of practising too!

Saturday 9th April 2011, 9:30am-4pm

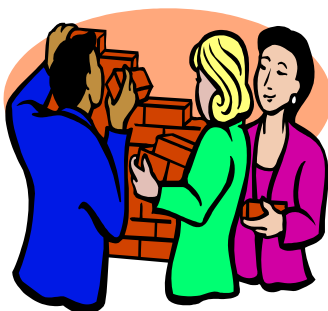


**IF YOU WANT TO DISCUSS YOUR TRAINING AND DEVELOPMENT NEEDS EMAIL
OPMANAGER.YCHLOW@GMAIL.COM OR CALL 01962 852307**

• ACTIVITY IDEAS • ACTIVITY IDEAS • ACTIVITY IDEAS •

TEAM CHALLENGE IDEAS

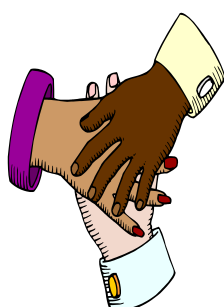
Team games are a great way to encourage young people to get to know each other and work together during a club session.



How about running a Team Challenge game during one of your regular club sessions? You could give each group of young people a task sheet and the aim is to complete as many tasks as possible. When the group have completed the task, they can tick it off on the sheet and ask the youth workers to sign it off as complete. The team that completes the most tasks, wins!

Here is a selection of tasks that you could use and a suggested task sheet format too:

Task	Completed?
Use only yourselves to make a name of someone in your group	
Find out what year the building you are in was built	
Use only newspaper and sticky tape to build the highest tower you can	
All team members to memorise the full names of everyone in their group	
Build a card house using all 52 cards	
Draw a rainbow with the colours in the correct order	
Find out and record everyone's eye colour	
Make a sling for one member of the group	
Find out each persons favourite fruit	
Make up a poem of six lines	
What time is it in New York now?	
Which station in London to trains form Glasgow arrive at?	
Do 20 press ups	
Hop on one foot for 2 minutes	
Say thank you in 5 languages	
Write down your combined age	
Say the alphabet backwards together	



As each youth club is different and you know your young people better than we do, why not make up some of your own tasks that are appropriate to your group – don't forget to make sure that the tasks set and the venue you're using are safe and appropriate.

MEMBERSHIP CARDS

Does your club/group/project use membership cards? We have a supply of durable, red, plastic cards with spaces for details to be entered (name, club, date, membership number). Available from our office at very reasonable rates (see order form below).

YOUTH CLUBS HAMPSHIRE AND ISLE OF WIGHT ORDER FORM FOR MEMBERSHIP CARDS

Club:

Address:

.....

.....

.....Post Code:

Tel No:Mobile Number:

Requires membership cards.

Enclosed please find a cheque for £ made payable to 'Youth Clubs Hampshire and IOW'.

COST

50 cards £9.50 + £1.20 postage & packing

100 cards £18.50 + £1.60 postage & packing

150 cards £28.00 + £1.70 postage & packing

200 cards £37.00 + £2.00 postage & packing

Return to:
Membership Cards
Youth Clubs Hampshire & IOW
The St Thomas Centre
20 Southgate Street
Winchester
SO23 9EF



Sample Membership Card