



YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight Working to Enable Young People to Fulfil Their True Potential

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

WANTED: CAT MARK SUPPORT FROM YOUR ORGANISATION

Could your organisation benefit from being involved in a county-wide participation project?

Would your young people enjoy getting involved in this exciting initiative where they get to have their say on local services?

Could being involved in CAT Mark add value to your outcomes for young people?

Then, what are you waiting for?!!!

CAT Mark is a mark of quality awarded by young people, for any organisations providing services for young people. Young people are trained to become young assessors and are then supported through assessments by trained support workers. Assessments take place throughout Hampshire providing organisations with feedback and allowing young people to have a voice.

We can bring the training to your organisation at a time to suit you, where your young people and staff will undertake training to get involved with the project. They will then be able to undertake assessments in your area, having their say about local services for young people.

Maybe you want to be assessed for a CAT Mark Award? An organisation with a CAT Mark Award shows a commitment to quality and to listening to young people.

Want to know more?

Call Caroline on 01962 852307 or email ac3.ychiow@ukonline.co.uk



Hampshire
County
Council

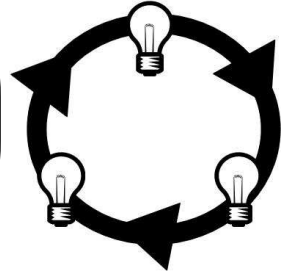


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• Club Support & Round Up • Club Support & Round Up •

Exchange 2010



What's It About?

Exchange is a chance for youth workers and volunteers from youth clubs, groups and projects across YCHLOW's network in Hampshire, Southampton, Portsmouth and the Isle of Wight to come together to...

- share ideas and experiences
- find out what other people are doing
- share good practice
- share concerns and get peer support
- make contact with other people doing similar work to you
- share resources

Info...

Tuesday 16th November 2010

7-9:30pm

YCHLOW, The St Thomas Centre, 20 Southgate Street, Winchester, SO23 9EF

(Limited parking on site, on street and car park spaces nearby)

So, put the date in your diary now and we'll be sending out more information nearer the time.

HAVE YOU BOOKED A WORKSHOP YET?

Members of YCHLOW can have 2 free club visit workshops per year. During a club visit we come along to your club, group or project and deliver an activity workshop alongside you and your colleagues for the young people to take part in.

Here are just some of the many ways in which our members have told us they've benefitted from having a workshop...

- Do something different*
- See how someone else works with young people*
- Increase our confidence to try different things*
- Get a different perspective on what we're doing*
- Wanted some outside input into our club*



Why not see for yourself how an activity workshop can benefit your youth club, group or project by booking one today? Choose from Circus Skills, Initiative Challenges, T-Shirt Painting, Masks, Healthy Lifestyles and Scrap Sculpture.

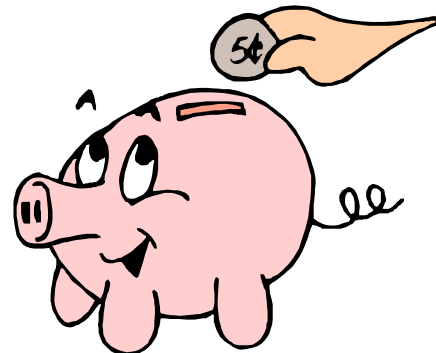


Call 01962 852307 or email fo.ychiow@ukonline.co.uk to book your workshop visit.

This section covers some of the questions we get asked the most often by our members. To talk through any of the topics raised in this section call us on 01962 852307

Funding means applying for grants, right? Applying for grants is just one of the things that you can do to help ensure you have enough funding and resources to run a youth club, group or project. In order to be as stable and sustainable as possible you should seek to obtain your funding and other resources from a wide range of different places including:

- Writing to local businesses and organisations to ask for their support (it helps to be specific about what you need support to do so people know what they are giving their donation for)
- Raising money through events and other fundraising activities (such as raffles etc)
- Supporting young people who come to your club to come up with and implement their own fundraising ideas
- Bringing in income from subs and tuck shop (usually only very small income but every penny counts!)
- Making money from any 'rentable' resources you already have e.g. Do you have a generator or a bouncy castle or even a venue you could rent to other people?



• HOT TOPIC • HOT TOPIC • HOT TOPIC • HOT TOPIC •

THE YOUTH WORK WASH UP

Youth work is a planned activity; workers put together a programme of activities which they plan to deliver at specific times. This is what goes a long way to making a youth club or you project a success. When the team arrives at the venue it makes sense that they have a brief meeting before they set up to discuss what is happening and who is doing what. This time can also be used to pick up any issues from the previous session.

The evening goes well, all staff know what they are doing and when they are doing it, so do the young people.

At the end of the evening when all the young people have left and the equipment has been put away it makes sense to have a WASH UP meeting for four reasons:-

It provides staff with an opportunity to celebrate another successful session.

It provides an opportunity to raise any concerns about individual young people, groups, the behaviour of staff etc.

It is a space where solutions to these issues can be discussed and decided ready to start afresh next time.

It enables staff to wind down so that they do not return home and vent to their partners etc.. about what did happen and shouldn't have or what didn't happen that should have and so on. Do our partners really deserve that?

This meeting does not need to take all night, 15 minutes will do and if you find yourself regularly going past this time perhaps you should use an alarm clock to end the meeting. If there are serious issues that need longer than 15 mins perhaps these need to be discussed at the staff/management meeting or require an emergency meeting.

Remember WASH UP at the youth club and leave it there.

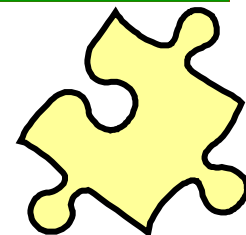
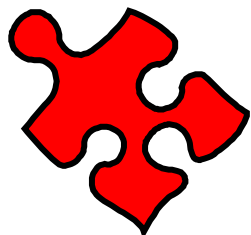
If you want some help and support to run effective 'wash-ups' at the end of your sessions then call us on 01962 852307 or email fo.ychiow@ukonline.co.uk.



• Youth Worker Development • Youth Worker Development •

YOUTH WORKER DEVELOPMENT PROGRAMME

Sessions taking place at the YCHLOW offices in Winchester...



Child Protection

An introductory awareness raising session looking at approaches to Child Protection within a youth work context and aiming to enhance participants understanding of Child Protection issues and how to deal with them

Saturday 13th November 2010, 10am-4pm
Saturday 19th March 2011, 10am-4pm

Dealing with Challenging Behaviour

A look at some theories behind dealing with challenging and unhelpful behaviour plus lots of practical advice and tips on how to apply this to your everyday work with young people in your youth club, group or project

Saturday 27th November 2010, 9:30am-4pm
Saturday 7th May 2011, 9:30am-4pm

Risk Assessment

An introduction to the practice of assessing risk within a youth club, group or project for the safety of staff, young people and visitors. Lots of practical activities aimed at bringing the process to life and enhancing participants understanding of Risk Assessment

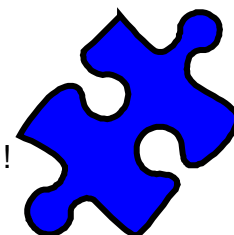
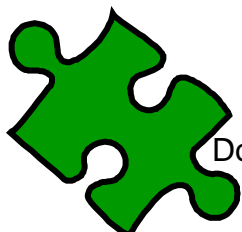
Saturday 12th February 2011, 10am-4pm
Saturday 2nd July 2011, 10am-4pm

Sessions taking place at the Red Cross Centre, Winnall Close, Winchester, SO23 0LB

First Aid

A basic, 1 day First Aid course ideal for both those new to First Aid and those needing a refresher. Run by trainers from the Red Cross who provide the information you need to get to grips with being a First Aider and lots of practising too!

Saturday 2nd October 2010, 9:30am-4pm
Saturday 9th April 2011, 9:30am-4pm



Don't forget about our tailor-made and in-house development options too!!!
Call us on 01962 852307 for more information.

VOLUNTEER OPEN DAY ON TUESDAY 21st SEPTEMBER 2010

Youth Clubs Hampshire and Isle of Wight is currently looking to recruit new volunteers both to its Board of Directors and to the staff team; have you got what it takes? We are looking for...

Club Support Workers
CAT Mark Support Workers
Board Members

To find out more about any of these volunteer roles why drop in during our Open Day on Tuesday 21st September 2010 anytime between 2-8pm at The St Thomas Centre, 20 Southgate Street, Winchester, SO23 9EF. You'll have a chance to speak to existing staff, volunteers and board members and find out more about us, the work we do, how you can support us and what we can offer you.