BEAT BULLYING

What is this workshop about?

This is a workshop aimed at examining the issue of Bullying with young people, encouraging them to consider the feelings and actions of the bully, the victims and the bystander and look at how everyone can help. Then using this information the young people will pass on their knowledge to other young people, some Peer Education in practice!

What actually happens in a workshop ?

This is a workshop which encourages open discussion around the complex topic of bullying. Young people are encouraged to discuss and be clear about what bullying is, and through role play and games consider who is involved and what feelings are involved. Young people are then asked to create a means of passing on their message to be shown to other young people and help pass on knowledge.

Anything else?

Bullying is a sensitive subject and complex, if you have a specific issue you and the young people are facing, such as cyber bullying or racism or anything other problems, we can adapt the workshop for you.

If you would like us to lead the workshop then we need 2 members of staff to work with us, and ideally a separate room. When creating the art project, we will ask you to supply those resources.

Outcomes for young people:

- Young people to be learn communication skills
- To learn more about bullying and it's effects on people.
- Young people to take responsibility and action and get involved
- To pass on their knowledge to other young people.
- Develop skills in communication and discussion