

YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight

Working to Enable Young People to Fulfil Their True Potential

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk

As this is our last newsletter before the Christmas period we'd like to take the chance to wish you all a very Merry Christmas and a Happy New Year!

Season's Greetings!



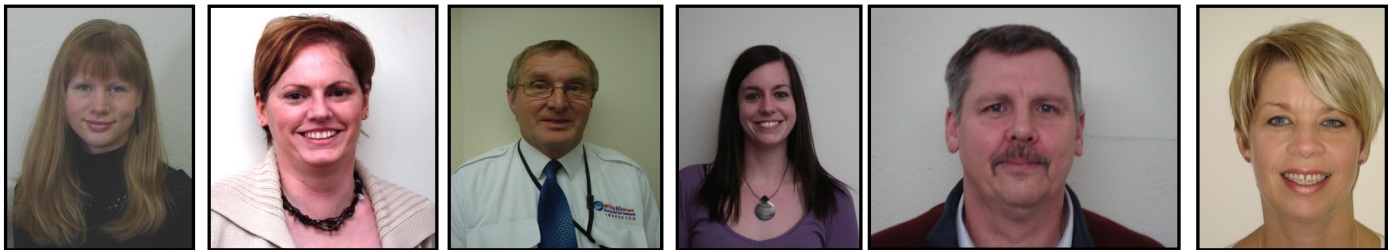
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• YCHIOW NEWS • YCHIOW NEWS • YCHIOW NEWS •

CHANGES TO THE TEAM

Since our last newsletter we've had a few changes to the team here at YCHIOW. Here's a 'whose who' at YCHIOW so you know who you might see if you come to visit us or if we're out and about...



Ally Lee-Dudley
Chief Executive

Sarah Munday
Administrator

John Scott-Robinson
*Club Support
Volunteer*

Nicky Brown
*Club Support
Worker*

Martin Lockyer
Momentum Volunteer

Debbie Dowgill
*Participation
Development
Manager*

Welcome to Debbie our newest team member. Her role includes: running the CAT Mark scheme, training Young Assessors, running our Young Leader Training programme and developing and running our new 'train the trainer' programme to train young people to train their peers.

To contact any of the team by telephone please call 01962 852307, for general enquiries please email Sarah at secretary.ychiow@gmail.com.

• REAL LIFE YOUTH WORK • REAL LIFE YOUTH WORK •

On Tuesday 1st November youth workers, young people, local dignitaries and members of the wider-Hampshire community came together in Chandlers Ford to celebrate youth work at the Youth Clubs Hampshire and Isle of Wight 'Celebration and Awards Evening'.

During the evening the hard work of the many youth workers in Wider-Hampshire was recognised through the presentation of a number of awards. Whilst there were only 3 awards presented these were given in the spirit of recognising the hard work of everyone involved in youth work. The recipients of these awards were:

The John Oliver Bellasis Award/Youth Worker of the Year: Westlands Youth Club Staff Team

The Youth Club of the Year Award: Liphook Youth Club

The Judith Becher Award for Enthusiasm: Tessa Hyde

The evening also saw the presentation of 8 more CAT Mark awards. The CAT Mark is a Quality Assurance award that is assessed by young people and awarded to organisations who offer an excellent service to young people. The CAT Mark scheme highlights how important it is that services for young people provide them with a place they feel happy, comfortable and safe. Organisations awarded a CAT Mark were:

KIDS Waterlooville
Connexions Gosport
Fareham College
HYPE Youth Club,

Connexions Fareham
East Hampshire Young Carers
Winchester Young Carers
Eastleigh 1350 (Fareham and District)

Many thanks to all who attended and made this evening a great celebration of youth work.

• FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ •

WHAT YOU MIGHT NEED TO KNOW

There are lots of questions about running a youth club and being a youth worker that pop up on a regular basis. On this page we share some of these with you and give you some food for thought. If you want to talk to us in more detail about anything on this page call 01962 852307 or email ce.ychiow@gmail.com.

Do volunteers and young helpers really need a job description?

This is something we get asked a lot and so we thought we'd share some of the points you might want to consider when thinking about job descriptions.

- What is it? Job descriptions are written statements that describe the duties, responsibilities and required qualifications of a particular role. They are based on the organisations understanding of what they want the person to do and what skills they'll need in order to be able to do their job well.
- When recruiting: having a clear and accurate job description can be a useful tool to help potential volunteers and young leaders decide if they think the job is something they are capable of doing. If you don't want to have a written job description available to potential helpers you might want to think about how else to let them know what exactly it is you want them to do for you
- Monitoring: volunteers and young leaders need support just like any other member of a staff team. Having a written outline of their role and responsibilities can give you a great starting point from which to assess how well things are going and decide if any further support or training is needed
- Job Satisfaction: volunteers and young leaders don't get paid for what they do so they need some other kind of motivation to keep them committed and coming back for more. Being clear about your purpose as a volunteer and being able to clearly see that you are achieving the things you signed up to do can be a really powerful motivator and help ensure that your team gain job satisfaction and stick with you

Need some help with Job Descriptions? Drop us an email to ce.ychiow@gmail.com.

STOP PRESS: WANT TO COME ON BOARD?

We are currently seeking to expand our Board of Directors and have vacancies for people with the following skills and experience...

Human Resource Director / Advisor
Financial Management Director / Advisor
Business Director / Advisor
Fundraising Director / Advisor
Charity Director / Advisor
Youth Work Director / Advisor

If you are interested in supporting the work of YCHLOW as a Member of the Board or Advisor to the Board then please check out our online information page www.ychiow.org.uk/supporters-volunteer.htm or contact us for more details. Telephone us on 01962 852307 or email ce.ychiow@gmail.com

• Supporting Youth Work • Supporting Youth Work •

WHAT WE DO, WHY WE DO IT

Here at YCHLOW we know there's no such thing as a 'typical youth club' any more than there's such a thing as a 'typical youth worker'. What we do know are that there are many positive outcomes that young people can benefit from when they have access to high quality youth work provision. These include...

- A safe place to go
- Somewhere to socialise
- Fun and challenging activities
- Somewhere to develop and grow
- Someone to talk to
- A chance to learn new skills
- Opportunities to learn about themselves
- A support network
- Access to new experiences
- A sense of belonging and community
- A chance to practice teamwork
- Preparation for adulthood
- Positive role models
- Access to information to make positive lifestyle choices
- Challenges risk-taking behaviour



... And those are just some of the reasons why we offer a wide range of different services to support youth work across Hampshire, Isle of Wight, Portsmouth and Southampton!

The support services we can offer are wide ranging, here are some examples of the types of things that we offer youth workers and youth organisations to help them in their valuable work with young people. Remember, if what you need isn't on the list please get in touch and let us know as we can tailor our service to meet your needs and the needs of the young people you work with.



- Starting From Scratch: Start-up support for new groups
- Affordable Criminal Records Bureau (CRB) Checks
- Support to recruit and vet staff/volunteers
- Help with policies and procedures
- Developing your programme of activities
- Employing staff on your behalf
- Line-management of staff
- Supporting management teams
- Youth Worker Training and Development Programme
- Partnership working to deliver services to young people
- Activity workshop and events programmes
- Access to our extensive resource bank
- Discounted insurance available to members
- CAT Mark young people's quality assurance award



Want to know more? Contact us: 01962 852307 / ce.ychiow@gmail.com / www.ychiow.org.uk

STOP PRESS: GREAT NEW ONLINE RESOURCE FROM HAMPSHIRE COUNTY COUNCIL

<http://www3.hants.gov.uk/childrens-services/specialneeds/shortbreaks/aiminghighproviders/inclusionresourcepack.htm>

• Youth Worker Training and Development •

Last year we trained over 300 youth workers, volunteers and other adults working with young people in informal education settings. This year we're training even more! Refresh your skills, knowledge and awareness of Youth Work with our Training and Development Programme...

Introduction to Risk Assessment
Sessions at YCHLOW Base in Winchester from 10am-12:30pm
• **3rd December 2011—Spaces Still Available!!!**

- 16th June 2012

First Aid Training (with Red Cross trainer)
Sessions at Red Cross Centre in Winnall from 9:30am-4:30pm
• 21st April 2012

Introduction to Child Protection (Safeguarding)
Sessions at YCHLOW base in Winchester, from 10am-4pm
NEW DATE: 11th February 2012

Positively Challenging Negative Behaviour (with Progress Through People)
Sessions at YCHLOW base in Winchester from 10am-4pm
12 May 2012

COSTS*

For a whole day session the cost for members is £10 (non-members £30)
For a half day session the cost for members is £7.50 (non-members £20)

** Additional cost for First Aid Courses*

STOP PRESS: NATIONALLY RECOGNISED YOUTH WORK QUALIFICATION COMING SOON!

From early 2012 we will be running the NOCN Level 2 Award in Youth Work Practise. This is a nationally recognised youth work qualification and part of the new Qualification Credit Framework (QCF) Scheme. To find out more and register your interest for the course go online to:
www.ychiow.org.uk/clubs-training-programme.htm

TAILOR MADE TRAINING

We also offer a comprehensive in house training programme. This means we will come to you to deliver a session for you and your colleagues at a convenient time and place. Sessions available include:

- Introduction to Youth Work
- Introduction to Child Protection (Safeguarding)
- Positively Challenging Negative Behaviour
- Planning, Doing and Reviewing Youth Work
 - Breaking the Ice with Young People
 - You and Young Leaders
 - Getting Young People Involved
 - Risk Assessment
 - Accrediting Young People's Work
 - Peer Education Work

To find out more call us on 01962 852307, email ce.ychiow@gmail.com or visit <http://www.ychiow.org.uk/clubs-training-programme.htm>

• ACTIVITY IDEAS • ACTIVITY IDEAS • ACTIVITY IDEAS •

FARMHOUSE BREAKFAST WEEK

The 22nd - 28th January 2012 is Farmhouse Breakfast Week! Farmhouse Breakfast Week is an annual campaign to raise awareness of the benefits of eating a healthy breakfast and demonstrate the variety of breakfast foods available in the UK.

The theme for the campaign is "Shake Up Your Wake Up" - make small changes to your morning routine to make sure you have time for breakfast every day!

Sessions that involve tasting different foods are always popular at youth clubs so why not try to incorporate Farmhouse Breakfast Week into one of your club sessions?

What do you have for breakfast?

The young people could bring in examples of what they currently have for breakfast and compare their foods to what the other young people eat.

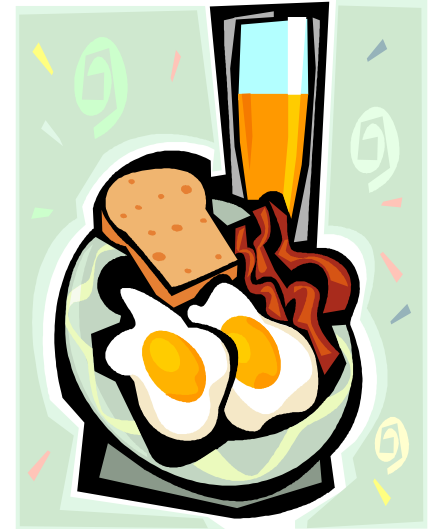
The young people could prepare at the youth club different healthy breakfasts to show how there are tasty healthy options for breakfast - there are lots of breakfast recipe ideas that are easy to make online here: <http://www.shakeupyourwakeup.com/breakfast-ideas>

Breakfasts from around the world

Another idea could be to make traditional breakfasts from different countries around the world to show how different cultures start the day! The young people could make and try breakfasts from different countries to see which they prefer. Lots of information about how traditional breakfasts can be found online here: <http://en.wikipedia.org/wiki/Breakfast>

You can order free resources and find out more about Farmhouse Breakfast Week at www.shakeupyourwakeup.com

Don't forget that YCHLOW have lots of workshops that can be delivered at your club, including a Healthy Lifestyles workshop where the young people can make smoothies. All affiliated clubs are entitled to two free workshops per affiliation year so if you haven't already booked yours in, please get in touch. You can see all our workshops on our website here: <http://www.ychiow.org.uk/clubs-visit-workshops.htm>



MEMBERSHIP CARDS

Does your club/group/project use membership cards? We have a supply of durable, red, plastic cards with spaces for details to be entered (name, club, date, membership number). Available from our office at very reasonable rates (see order form below).

**YOUTH CLUBS HAMPSHIRE AND ISLE OF WIGHT
ORDER FORM FOR MEMBERSHIP CARDS**

Club:

Address:

.....

.....

.....Post Code:

Tel No:Mobile Number:

Requires membership cards.

Enclosed please find a cheque for £ made payable to 'Youth Clubs Hampshire and IOW'.

COST

50 cards £9.50 + £1.20 postage & packing

100 cards £18.50 + £1.60 postage & packing

150 cards £28.00 + £1.70 postage & packing

200 cards £37.00 + £2.00 postage & packing

Return to:
Membership Cards
Youth Clubs Hampshire & IOW
The St Thomas Centre
20 Southgate Street
Winchester
SO23 9EF



Sample Membership Card