

YOUTH PRESS

Youth Clubs Hampshire and Isle of Wight
Working to Enable Young People to Fulfil Their True Potential

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The St Thomas Centre, 20 Southgate Street, Winchester, Hampshire, SO23 9EF. 01962 852307 www.ychiow.org.uk



Walk together ~ Work together
Youth Clubs Hampshire and Isle of Wight's Ultimate Teamwork Challenge...

Overnight on Saturday 17th September

Base Camp: Wickham Community Centre

Cost: £35 per team (max 8 people per team)

**Can you survive an adventurous night of team challenges and walking?
Are you up for the challenge?**

All teams of young people must be accompanied by their youth workers at all times
Age limit: 11 years and over

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• **WORKSHOPS • WORKSHOPS • WORKSHOPS •**

FREE WORKSHOPS

If you're affiliated to YCHLOW then you can have 2 free activity workshops. There's lots of activities to choose from so why not have a look at the options, get the young people at your project to choose their favourites and get your workshops booked so you don't miss out on this great opportunity!

Banner Making

T-shirt Painting

Mask Making

NEW! Around the World (Choose from Origami, Kite Making, Totem Poles and making Poi)

Scrap Sculpture

Juggling and Circus Skills

Healthy Lifestyles

Initiative Challenges and Team Games

Here's what some young people have said in the past about our workshops...

- "We all tried hard to work together. We had fun."
- "We got the opportunity to be independent"
- "Learnt to make smoothies and they're easy so we can make them at home. Luckily they taste nice and they're healthy"
- "Maths is not always boring"
- "I'm a good team member"
- "Good to work with new people"

And some youth workers...

- "New staff made a step forward with young people. First time the young people were engaged fully with activity and staff"
- "New ideas and how to keep young people enthusiastic during activities"
- "Excellent chance to work together with the young people and chat about all sorts of topics"
- "Staff and volunteers will now receive more respect - young people realised the importance of working as a team which reflects their attitudes towards staff / volunteers"

To book call 01962 852307 or email Nicky at cs1.ychiow@gmail.com

STOP PRESS: CAN YOU HELP?

We are looking for extra people to help with our event, Survivor Challenge: Midnight Hike. The event will take place overnight on Saturday 17th September 2011.

For those of you who have yet to experience Survivor Challenge: Midnight Hike... here's a brief overview... Teams of young people, accompanied by their youth workers, come together overnight to walk a 5 mile route (approx) with manned 'challenge stations' along the way. At each challenge station the young people must work together to solve problems, use their initiative and demonstrate their team working skills.

The event is a fantastic chance for young people to step outside their everyday lives and environments and do something different and challenging. During the event they learn about themselves, their team members and about good team work.

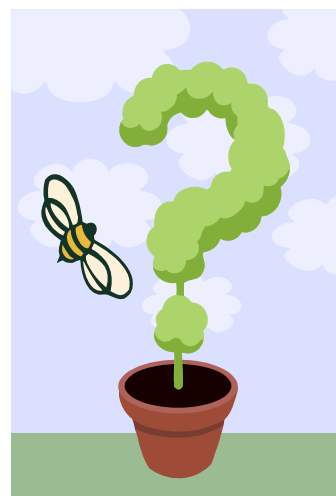
If you can help please email opmanager.ychiow@gmail.com

• FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ • FAQ •

WHAT YOU MIGHT NEED TO KNOW

There are lots of questions about running a youth club and being a youth worker that pop up on a regular basis. On this page we share some of these with you and give you some food for thought. If you want to talk to us in more detail about anything on this page call 01962 852307 or email opmanager.ychiow@gmail.com.

Do we have to vet and CRB check everyone that comes into our club? It is very common for youth clubs, groups and projects to bring in people from outside their usual staff team to run activities, do workshops and provide specialist sessions for the young people and we're often asked whether the club should CRB Check and Vet these other adults the same way as their own staff. There are a number of different things to think about when you're deciding how to approach having outside visitors in your session and what process to go through before you allow them in to work with the young people:



- **Are they who they say they are?** It is quite common practise to ask a visiting adult to provide evidence of the identity such as a passport and a utility bill. Consider whether you need to do this to make sure they are who they claim to be.
- **Can they carry out the workshop/activity/session safely?** If you're asking someone to come in and lead a session it is worth investigating whether particular skills or qualifications are needed and if they are, checking they are in place. This could mean asking to see copies of certificates, professional registration documents or other similar evidence.
- **Who carries the responsibility?** If you are inviting someone else in to lead an activity you might wish to check out who is liable if something goes wrong and make sure appropriate risk assessments and insurance is in place? A quick call to your insurance company can often be useful when doing this.
- **Will they have unsupervised access to young people?** Youth clubs, groups and projects very rarely have cause to work with a young person on a one to one basis as the focus is much more about group work. This probably means its unlikely your visiting adult should need unsupervised access to the young people attending and can therefore be supervised by your regular members of staff at all times. You might, for instance, want to consider appointing a specific staff member to shadow the visitor throughout the session
- **What about ISA requirements?** Check online at www.isa.homeoffice.gov.uk for the latest information of vetting and checking requirements

STOP PRESS: ADVANCED NOTICE OF YCHLOW CELEBRATION EVENING AND AGM, 1st NOVEMBER 2011

Because we want as many of you as possible to come along to showcase and celebrate another year of youth work successes across wider-Hampshire we're giving you this date nice and early to put in your diary.

We want as many of you as possible to come along and show the world (or at least wider-Hampshire) what you've been doing in your club, group or project, to celebrate your hard work and promote all that is good and great about youth work. If you'd like a spot at our event to show off your organisation, give us a call on 01962 852307 or email opmanager.ychiow@gmail.com and let us know what you've got in mind!

• HOT TOPIC • HOT TOPIC • HOT TOPIC • HOT TOPIC •

ACHIEVING ECONOMIC WELL BEING

Quite often when we discuss the 5 outcomes from Every Child Matters (Be Healthy, Stay Safe, Enjoy & Achieve, Make a Positive Contribution, Achieve Economic Wellbeing) it is the last one which gives rise to the most debate.

Whilst youth workers are clear about what they do which contributes to the first 4 outcomes they are often hard pressed to identify what they do towards the last. Perhaps it is because the first 4 can be achieved in the here and now whereas the last one is what young people may achieve in the future. Maybe we are so focused on short term outcomes that we have forgotten that youth work is about a long term investment in the futures of the young people we work with.

If we think about what skills young people need to have to achieve economic wellbeing this might help. I guess that unless you are going to win the lottery you will need a job to contribute towards your economic wellbeing. To get a job we will need to be numerate, literate and have good social and people skills, obviously there are many other specific skills you will need but for our purposes here let's concentrate on this list. So having said all that let's look at some traditional youth club activities and see if we can tease out how they contribute to outcome 5.

Most youth clubs and projects run a tuck shop/coffee bar so getting young people involved in this activity will help them practice their numeracy and literacy especially if you introduce a stock control system, and dealing with customers will enable them to learn people skills. But most of all they will have had some extra experience of the work place.

Most youth clubs and projects run activities so involving young people in the planning of these activities will mean that they need to look at budgets (numeracy), put together advertising materials (literacy) and sell the activity to other young people (people skills) (customer service).

Most youth clubs and projects run trips. So involving young people in the organisation of a trip will mean they need to create a budget (numeracy), explain to the powers that be why it is a good idea and achievable and they may need to do this verbally and back this up with some written material (communication skills, people skills, literacy). They will need to sell the trip to the members (more people skills practice) and they will need to report back to any organisations that may have given them some support (more communication skill and literacy practice).

So in the short term attending a youth clubs does not get you a job but in the long term it gives you opportunities to learn and practice the skills requires to get and keep a job. Quite clearly then, what we do for young people when we offer them opportunities to take responsibility in contribute to the outcomes of every child matters including outcome 5.

STOP PRESS: RSPCA YOUNG PHOTOGRAPHER OF THE YEAR COMPETITION

The RSPCA Young Photographer Awards (YPA) is open to anyone aged 18 years old or younger. The aim of the competition is to encourage young people's interest in photography and show their appreciation and understanding of the animals around them. The competition includes a wide range of categories, each encouraging of all ages and ability to take part. For 2011 they have added new categories, in order to encourage more and more young people to enter.

Categories include: Under 12s, 12-15s, 16-18s, Pet Personalities, Portfolio, Making Life Better, Garden Wildlife, Peoples' Choice.



To find out more and to get young people involved visit www.ypa.rspca.org.uk.

• MANAGEMENT AND EMPLOYMENT SERVICES •

As well as providing support for youth clubs, groups and projects through our well known training programme, activity workshops and events programme, Youth Clubs Hampshire and Isle of Wight is also able to provide a higher level of support for those organisations that require it.

OUR BACKGROUND

YCHLOW has been delivering a constant service to over 120 youth clubs and projects since 1942 and during that time we have always striven for excellence in what we do and more importantly what we are able to support our clubs and project to achieve.

We have supported fledgling clubs during their critical start up process as well as enabling more established clubs to develop further what they are able to offer the young people they serve. Alongside this work we have provided access to high quality staff and management development opportunities.

Over the last 69 years we have also maintained a workforce of paid staff and volunteers which has been between 70 and 150 with all the management processes in place necessary to enable such a workforce to remain effective.

WHAT WE CAN OFFER YOU

We believe our track record places us in a unique situation to be able to offer a range of management support services to any youth work project, voluntary or paid, that wishes to offer young people access to high quality youth work services.

As each situation where a club or project may need management support is likely to be different we can tailor a package to meet the needs of most organisations.

Here are some examples of the different levels of management support that we can provide for your organisation:

Professional Supervision of youth work staff

Line Management of youth work staff

Recruitment and Employment Service to employ youth work staff on your behalf

Full service management of individual or multiple projects

Staff training and development

If you would like to discuss the level of support you need or simply find more out what we can offer please contact us on 01962 852307 or ce.ychiow@gmail.com. Don't forget, we tailor our service to meet your needs.



• Youth Worker Development • Youth Worker Development •

NEW TRAINING AND DEVELOPMENT PROGRAMME

We have recently put together a new Training and Development Programme for the 12 month period commencing September 2011. There are a few small changes to times of sessions and a small increase in attendance fees (which remain heavily subsidised for members). To book places at any of these sessions please complete and return a booking form which can be downloaded from www.ychiow.org.uk/clubs-training-programme.htm

Risk Assessment

Sessions at YCHLOW Base in Winchester from 10am-12:30pm

- 3rd December 2011
- 16th June 2012

First Aid Training (with Red Cross trainer)

Sessions at Red Cross Centre in Winnall from 9:30am-4:30pm

- 1st October 2011
- 21st April 2012

Child Protection Awareness

Sessions at YCHLOW base in Winchester, from 10am-4pm

10th September 2011

25th February 2012

Positively Challenging Negative Behaviour (with Progress Through People)

Sessions at YCHLOW base in Winchester from 10am-4pm

12th November 2011

12 May 2012

COSTS

For a whole day session the cost for members is £10 (non-members £30)

For a half day session the cost for members is £7.50 (non-members £20)

STOP PRESS: NATIONALLY RECOGNISED YOUTH WORK QUALIFICATION COMING SOON!

From early 2012 we will be running the NOCN Level 2 Award in Youth Work Practise. This is a nationally recognised youth work qualification and part of the new Qualification Credit Framework (QCF) Scheme. To find out more and register your interest for the course go online to: www.ychiow.org.uk/clubs-training-programme.htm

TAILOR MADE TRAINING

We also offer a comprehensive in house training programme. This means we will come to you to deliver a session for you and your colleagues at a convenient time and place. Sessions available include:

- Introduction to Youth Work
- Child Protection Awareness
- Positively Challenging Negative Behaviour
- Planning, Doing and Reviewing Youth Work
 - Breaking the Ice with Young People
 - You and Young Leaders
 - Getting Young People Involved
 - Risk Assessment
- Accrediting Young People's Work
 - Peer Education Work

To find out more call us on 01962 852307, email opmanager.ychiow@gmail.com or visit <http://www.ychiow.org.uk/clubs-training-programme.htm>

• **ACTIVITY IDEAS** • **ACTIVITY IDEAS** • **ACTIVITY IDEAS** •

CHILDRENS' ART DAY – 6th JULY 2011

The 6th July is Children's Art Day which is a day that encourages young people to sample and enjoy the wide range of visual arts.

Arts and craft activities provide a great way to engage with young people about a range of issues, as well as giving them the opportunity to create something they can keep and be proud of. Here are a couple of ideas of things you could do at your club:



Painting Tiles

Buy some inexpensive plain tiles and ceramic paint and the young people can paint designs on to the tiles. They could either create their own tile to keep or you could put all the tiles together and create a giant picture to represent your youth club.

Photo frames

Buy some plain photo frames and the young people could decorate one each with paint or stick on pieces of fabric, feathers, shells or anything else you can think of. Ask the young people to bring in a photo of something that is important to them or a memorable occasion and if they'd like to, they can discuss the photo with the group.



Salt Dough Sculpture

Easy and cheap to make, you can model your salt dough into all kinds of shapes and characters. Once its been baked you can paint it with acrylic paints, stick on beads, gems etc

Ingredients: 2 cups all-purpose flour, 1 cup salt, 1 cup cold water

Method: Mix together the salt and flour in a large bowl. Gradually add the water and mix to desired consistency (don't add it all at once). Knead the dough on a flat surface, adding a few more drops of water as needed (but not making it too moist).

Optional: You can add food colouring to change the colour of the dough

To Set/Harden: leave to air-dry (takes 1-2 days) or bake in the oven at 200 degrees Fahrenheit until set hard (if necessary, cover with foil to avoid darkening or burning of the dough). The exact times needed to set will vary depending on the size of your sculpture etc.

More ideas for art and craft project can be found online. Here's just one website with ideas:
<http://www.tes.co.uk/resourcecalendar.aspx?nbdays=0&nbdays=7&nbyr=2011&evcode=31>

Don't forget to do your own risk assessment and check your resources before starting!

Other ideas and workshops

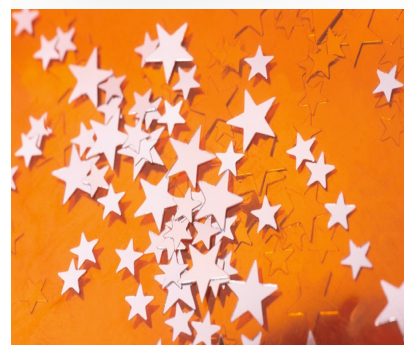
Don't forget that YCHLOW have some arts and crafts related workshops that can be delivered at your club, such as Banner Making, T-shirt painting, Mask Making, Origami, Kite Making and Totem Poles. All affiliated clubs are entitled to two free workshops per affiliation year so if you haven't already booked yours in, please get in touch. You can see all our workshops on our website here:
<http://www.ychiow.org.uk/clubs-visit-workshops.htm>

SOME USEFUL WEBSITES FOR MORE ARTS AND CRAFT IDEAS...

- www.craftbits.com/ ~ lots of free project ideas such as candle making, jewellery making and sock monkeys! Also has a members area too with even more ideas!
- <http://familyfun.go.com/crafts/crafts-by-material/recyclable-projects/3/> ~ ideas from the Disney Family Fun website. You can search for activities in lots of different ways including searching by age and by materials.
- www.funandgames.org/activities/ActivityArt.htm ~ an online youth work resource site with an arts and craft section plus lots of other useful suggestions for outdoor games, team activities, sports, puzzles and mindbenders
- www.craftexpert.co.uk ~ choose from paper craft, needle and fabric crafts, ideas for gifts and special occasions and a whole section of kids crafts
- www.hitentertainment.com/artattack/ ~ the official site of the popular children's TV show with access to all kinds of projects from the small... to the enormous!!!
- www.artsandcraftsforkids.co.uk/ ~ includes ideas for food projects and seasonal ideas
- www.kidsartplanet.com/artsandcrafts/ ~ site with lots of creative suggestions and ideas
- www.creativecharlie.com ~ art and craft site with a focus on eco-arts and crafts

Please remember, we haven't had a chance to try out all the many different art and craft project ideas you can find online so it's important to check for yourself that the instructions can be followed, that the project can be created in the time you've got available and that the activity is safe!

**We'd love to feature some of your art and craft projects in our newsletter and on our website. Why not record the results of young people's hard work and talent in a photograph or short film and send it to us at...
opmanager.ychiow@gmail.com**



MEMBERSHIP CARDS

Does your club/group/project use membership cards? We have a supply of durable, red, plastic cards with spaces for details to be entered (name, club, date, membership number). Available from our office at very reasonable rates (see order form below).

**YOUTH CLUBS HAMPSHIRE AND ISLE OF WIGHT
ORDER FORM FOR MEMBERSHIP CARDS**

Club:

Address:

.....

.....

.....Post Code:

Tel No:Mobile Number:

Requires membership cards.

Enclosed please find a cheque for £ made payable to 'Youth Clubs Hampshire and IOW'.

COST

50 cards £9.50 + £1.20 postage & packing

100 cards £18.50 + £1.60 postage & packing

150 cards £28.00 + £1.70 postage & packing

200 cards £37.00 + £2.00 postage & packing

Return to:
Membership Cards
Youth Clubs Hampshire & IOW
The St Thomas Centre
20 Southgate Street
Winchester
SO23 9EF



Sample Membership Card